

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
February 7, 2012**

Present: Barbara Trione, Randy Chakerian, Dennis Epstein, Jon Tripp, Lisa Pierson, and Susan Melero

Absent: Amy Harding and Chris Foulke

Excused: Hilary Harrison

Guest: Michael Anderson, Kim, Emily, Katy, Linda

Staff: Mitch Anderson and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Barbara Trione, Vice-Chair. Introductions were made.

II. Approval of January 2012 Minutes

The January 2012 minutes were presented for approval.

Motion made by Dennis Epstein to approve January minutes as written. Jon Tripp seconded the motion, so approved by unanimous vote.

III. Chair and Vice-Chair Nominations and Election

Per the Bylaws, at the beginning of each year MHADDAC is required to nominate and elect the Chair and Vice-Chair positions.

Trione opened the floor for nominations for the Chair position. Dawn Oaks nominated Barbara Trione; she accepted. No other nominations were noted. **Randy moved to elect the sole nominee by acclamation. Dawn Oakes seconded. Nomination was passed by acclamation.** Barbara Trione will be the Chair for 2012.

Trione opened the floor for nominations for Vice-Chair nominations. Randy Chakerian nominated Susan Melero; she accepted. No other nominations were noted. **Randy moved to elect the sole nominee by acclamation. Dawn Oakes seconded. Nomination was passed by acclamation.** Susan Melero will be the Vice Chair for 2012.

IV. Health Care Reform

Mitch Anderson provided an overview of Health Care Reform.

Last year, House Bill 3650 was passed, establishing Coordinated Care Organizations (CCO's). The Health Policy Board was charged to create an implementation plan; the plan was finalized at the end of January 2012, and has been forward as Senate Bill 1580 for final approval in February.

The CCO's will manage all of the care for Oregon Health Plan members in their communities and focus on improved wellness, prevention and integration of behavioral and physical health and dental health care. Benton County is part of the CCO region with Linn and Lincoln Counties.

Once the legislature passes SB 1580, the state will apply to the Centers of Medicaid and Medicare Services for a waiver that will allow payment. Application is expected to be completed in March.

Anderson reviewed the website: <http://health.oregon.gov> which is the best place to obtain the most current information on the Health Transformation. In addition, he provided a handout from the Oregon Health Authority; Health System Transformation – What Oregon Counties Should Know.

V. Focus Area

Young Adults in Transition Feedback

Trione provided feedback on behalf of Hilary Harrison. The YOUTH Move students wanted to thank the committee for inviting their contribution. They are intending to share their thoughts on alternative education and school with the Corvallis school board within the next month.

YOUTH Move of Benton will be hosting a state-wide event on March 31st and Harrison will provide more details at the March meeting.

Substance Abuse

Letters of invite went out to the four school districts: Alsea, Corvallis, Monroe, and Philomath

VI. Announcements

- ARC Dance happening on Friday

VII. Agenda for Next Meeting

- Approve Minutes
- Preparing for School Districts Attendance
- Budget Update

Meeting adjourned at 6:25 pm.

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
April 3, 2012**

Present: Barbara Trione, Randy Chakerian, Dennis Epstein, Dawn Oakes, Steve Gallon, Susan Melero, and Jon Tripp

Excused:

Absent: Chris Foulke and Amy Harding

Guest: Katy, Lisa Pierson, and Michael Anderson

Staff: Mitch Anderson and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Barbara Trione, Chair. Introductions were made.

II. Corvallis School District: Chuck Holst, Counselor at College Hill

Chuck Holst, Counselor at College Hill is in attendance at today's meeting representing Corvallis School District.

- Overall, he feels the policy is working. The policy is published on the school district website and is available upon request.
- Those who are caught receive a ten day suspension with a 5 day buy back – if they go to see Heather Grott, Associate Mental Health Professional at the Health Department and treatment plan is followed. The district follows Heather Grott's recommendations.
- If caught selling any substance, he/she are out of school for one year.
- No known financial resources have been allocated to substance use/abuse issues at this time.
- Benton County Health Department provided Alcohol and Other Drug Counseling up until 1 year ago to the district. This position was split across the entire district.
- Ideally, would like to have Liz H and Lisa B back providing services for the district.

ADDENDUM: Chuck would like the support from the Benton County Health Department on a request to bring in a drug sniffing dog to the district on a regular basis. He believes having a dog on site would be a huge benefit.

III. Monroe School District

Randy Crowson, Superintendent of Monroe school district is in attendance at today's meeting. His office is at the high school, which helps him to be constant presences during the morning, breaks, and afternoon.

- Alcohol is an acceptable drug in the Monroe community
- Seeing more of the “harder” drugs in the homeless population
- Students that aren’t making it in the larger schools/communities are coming to the rural area, which contributes to the “harder” drugs such as heroine.
- Find it hard to get students who have substance issues into a program due to the distance of treatment facilities.
- Glad to have the medical clinic in Monroe; however, would like it to be open five days a week during school hours.
- Sheriff’s office has a presence for after school events; trying to be a positive influence.
- Only expel for violence and weapons.

IV. Agenda for Next Meeting

- Philomath School District
- Alsea School District
- Budget Update

Meeting adjourned at 6:30pm.

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
May 1, 2012**

Present: Randy Chakerian, Dennis Epstein, Hilary Harrison, Steve Gallon, Dawn Oakes, Jon Tripp, and Susan Melero

Excused: Barbara Trione

Absent: Chris Foulke and Amy Harding

Guest: Marilyn Marker, Katy, Leslie, Lisa Pierson, and Michael Anderson

Staff: Mitch Anderson, Kelly Locey, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Susan Melero, Vice- Chair. Introductions were made.

II. Philomath School District

The Philomath School District did not have anyone in attendance for the meeting; however, Kim St. Clair, counselor emailed written response to the questions.

- Policy is not punitive - does not require students to go to rehab or attend stop smoking classes. It is difficult to discern if students are impaired at school and/or to witness actual use or abuse at school.
- Benton County Health Department provides a counselor that meets the needs of the students who are struggling with substance issues by meeting with the student at school.
- There is a segment outside of school that has a negative impact on some of our current students and/or students who attend our alternative education academy that meets two evenings a week. Some of the negative influences are from former students who keep the drug/alcohol culture alive with current students.
- Limited amount of grant money at this time that targets at-risk students or is to be used for suicide prevention, which is indirectly available.
- Would like Benton County Health Department to supply education, grant monies for education and/or intervention and people to provide one-to-one support.
- At the middle school, we could benefit from prevention efforts aligned with our health curriculum to encourage positive choices. Guest speakers, current, local data, or prevention curriculum would be effective

III. Alsea School District

Marc Thielman, Superintendent of Alsea School District was in attendance at today's meeting to discuss their policy and any issues he is seeing in Alsea.

- Drugs are in small rural towns, just as the larger communities.
- Alcohol is the largest substance used followed by marijuana.
- Monitors Facebook, this is a new perspective he has brought to Alsea.
- Benton County Safety Levy – was part of the interview process of the two officers. Looked for officers that were interested in enforcing the law, interest in relating to the people, and working well with the school.
- Hasn't had a major alcohol issue so far this school year.
- Important to have a relational piece by not judging the student or family.
- Students caught with illegal substance will be handled on a case by case basis. They get two things: 1) can be school discipline up to school expulsion, 2) bring in the safety resource person and will be cited as appropriate and go through due process. The student has a plan in place upon returning back to school.
- Believes in the Honesty Clause, controlled amnesty.
- Life skills training would be helpful in the schools awareness training especially in middle school. Students don't think of alcohol as a drug.
- Early partnership, talking about it, self-medicating. Humanize the problem and talk about the benefits of not going down that road. Wake up sober with the same problem. They can relate to this, as they might see it in a parent, friend, or relative.
- More Liz time would be great (Qualified Mental Health Professional from Benton County Health Department).
- Consequences are: first time is honesty clause, second time is automatic suspension from sports for two weeks, and third time is automatic drug testing. It is handled case by case basis.

IV. Agenda for Next Meeting

- Approval of Minutes
- Strategic Focus Areas – F/U on School District
- Ad hoc group
- Young Adults in Transition

Meeting adjourned at 6:30pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
June 5, 2012**

Present: Barbara Trione, Susan Melero, Jon Tripp, Dennis Epstein, Chris Foulke, Hilary Harrison, Lisa Pierson

Excused: Dawn Oakes and Steve Gallon

Absent: Amy Harding

Guest: Michael Anderson and Katy

Staff: Jasper Smith, Mitch Anderson, Kelly Volkmann, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Barbara Trione, Chair. Introductions were made.

II. Approval of February, April, and May 2012 Minutes

The February, April, and May 2012 minute were presented and reviewed. The following were noted changes:

- February 2012
 - Change Chris Foulke from attending to absent
 - Section IV Health Care Reform, second paragraph, add physical health
- April 2012
 - Section II Corvallis School District, bullet five, change ACIST to Alcohol and Other Drug Counseling

Motion made by Dennis Epstein to approve the February, April, and May 2012 minutes as corrected. Chris Foulke seconded the motion, so approved by unanimous vote.

III. Strategic Focus –

School Districts Question and Answer Presentation Follow-up

It was suggested that each committee member share what they heard from the presentations by the school district representatives to come up with some generalization.

Overall, it was felt that the smaller school districts were more committed and connected with the students than the larger school districts. This is mostly due to the fact of the smaller number of students and style of leadership. There was also a common theme to either bring back or increase hours of ACIST / AOD Counselors to the school districts: Monroe, Alsea, and Corvallis. Monroe and Alsea particularly voiced their appreciation and value the work provided by the ACIST team at the schools.

A culture change needs to happen in the larger school districts to have an effective policy. It was suggested that if there was additional money to fund counseling in the

schools, the money could go to the smaller school districts until the larger school districts focus on culture change and outreach.

This committee is mandated to advise the Benton County Board of Commissioners for Benton County Health Departments Mental Health, Addictions, and Developmental Disabilities programs. Over the next several months, the committee plans develop a logical plan of action.

Barbara Trione has written thank you letters to the school districts and they will be mailed out within the next few days.

Action: Invite Kelly Locey to the July meeting to talk about the Drug Free grant to discuss what is and isn't working. **Addendum:** Invite Heather Grott to the July meeting.

IV. Interest of Ad Hoc Group – Psychiatric Medication and Nutrition

Chris Foulke expressed his desire for the committee to discuss and review psychiatric medication and nutrition for Benton County. It was suggested putting together an ad hoc group, consisting of 2-3 committee members to review the topic of interest. Members voiced that their schedules are too full to add another meeting; however, they did support the discussion of the topic. It was suggested to add this to the August agenda to have a detailed discussion. Mitch Anderson volunteered to work with Foulke to help him formulate the information. Foulke will set up a meeting time with Anderson.

Foulke handed out a flyer on Nutrition for Better Body and Brain.

V. Strategic Focus - YAT

Hilary Harrison reported that the Youth MOVE has been meeting monthly. She said the group has done great things with what they have been involved with so far this year. She will be setting up a meeting with Mitch Anderson to discuss contract funding for the next year.

VI. Announcements

- Susan Melero recently attended a Developmental Disabilities Coalition meeting.
- Chris Foulke provided a 2012 Schedule of Events for Nutrition for Better Body and Brain– Flyer
- NAMI picnic will be July 27th at the Lion Shelter in Avery Park. Everyone is welcome to attend

IV. Agenda for Next Meeting

- Approval of June Minutes
- Drug Free Grant - Kelly Locey
- Patty Parsons – Community Health Assessment Survey

Meeting adjourned at 6:26 pm.

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
July 3, 2012**

Present: Barbara Trione, Randy Chakerian, Dennis Epstein, Hilary Harrison, Susan Melero, and Jon Tripp

Excused: Dawn Oakes and Steve Gallon

Absent: Chris Foulke, Lisa Pierson, and Amy Harding

Guest:

Staff: Mitch Anderson, Kelly Volkmann, Jasper Smith, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:16 pm by Barbara Trione, Chair. Introductions were made.

II. Approval of June 2012 Minutes

The June 2012 minutes were presented for approval. One change was noted – Section III, third paragraph, add the word “until”.

Motion made by Hilary Harrison to approve the June 2012 minutes as corrected. Dennis Epstein seconded the motion, so approved by unanimous vote.

III. Community Health Assessment Survey

Tatiana Dierwetcher, Health Promotion Program Manager provided a *2020 Foresight for a Healthier Benton County* PowerPoint presentation. Benton County Health Department is embarking on a Public Health Assessment process to engage representatives of critical populations and community stakeholders to create a plan for keeping our community health. Presentation covered the following:

- Assessment Process
 - Electronic County Health Status Report
 - Targeted assessments
 - Community partner data
 - Broad input from community members
 - Public health assessment
 - Count-wide Health Improvement Plan
- Benton County’s ranking of #1 of being in the state is a reflection of policies established over 20 years ago
 - Programs & Policies
 - Health Factors
 - Health
- Local tobacco policy creates healthy places to live, work, learn, and play

- Health Factor Examples
 - Physical Environment
 - Environmental Quality
 - Built Environment

 - Social & Economic Factors
 - Education
 - Employment
 - Income
 - Family and Social Support
 - Community Safety

 - Clinical/Medical Care
 - Access to Care
 - Quality of Care

 - Health Behaviors
 - Tobacco Use
 - Diet and Exercise
 - Alcohol Use
 - Sexual Activity

Not everyone has the same opportunities to be healthy. Some people experience significant barriers to better health and the work we do as a community is crucial to giving everyone a chance to live a healthy life. The goal for the Community Health Assessment Survey is a collaborative comprehensive Public Health Assessment. Members were encouraged to fill out the Assessment Survey.

IV. Strategic Focus

High Risk Behaviors – Substance Abuse Issues among 12-25 year olds

Kelly Locey and Heather Grott were unable to attend today's meeting. The agenda item will carry over to the August meeting. Information will be given to Heather regarding the topic discussion. **Action:** Tammy will email Heather the minutes from April and May 2012 meetings.

V. Announcements

- Arc Dance on July 6th from 7:00 – 9:00pm
- NAMI and Family Support Network picnic on July 27th from 5:00 – 7:00pm at the Lions Shelter in Avery Park

IV. Agenda for Next Meeting

- Orientation for New Members
- Strategic Focus – High Risk Behaviors
- Coordinating Care Organization (CCO) Brief Presentation
- Psychiatric Medication and Nutrition Follow Up

Meeting adjourned at 6:02 pm.

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
August 7, 2012**

Present: Barbara Trione, Dennis Epstein, Chris Foulke, John Wolcott, Amy Baird, Lisa Pierson, and Sebastian de Assis

Excused: Susan Melero, Jon Tripp, Hilary Harrison, and Dawn Oakes

Absent: Amy Harding and Steve Gallon

Guest: Michael Anderson, Jayme Pierce, and Katy Stark

Staff: Jasper Smith, Mitch Anderson, Kelly Volkmann, Heather Grott, Mark Crocker, Jeanne Nelson and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Barbara Trione, Chair. Introductions were made.

II. Approval of July Minutes

The July 2012 minutes were presented for approval. There was one noted change: Section IV Strategic Focus, change "amount" to "among".

Motion made by Randy Chakerian to approve the July 2012 minutes as corrected. Dennis Epstein seconded the motion, so approved by unanimous vote.

III. New Member Orientation

Trione, Chair provided a brief overview of MHADDAC, which included a PowerPoint for new members and one potential member in attendance. Members were asked to give a brief background/history. New members gave a brief history and their interest in joining the committee.

Wolcott requested a separate meeting to obtain an overview of Benton County Mental Health, Addictions, and Developmental Disabilities Programs. **Action:** Trione will schedule a meeting with the new members to provide the overview as requested.

IV. Strategic Focus -

High Risk Behaviors – Substance Abuse Issues Among 12-25 year olds

Heather Grott, Associate Mental Health Professional from the Health Department was introduced. She was invited to attend MHADDAC to discuss substance abuse issues and what she is seeing among the 12-25 year olds within the community and schools. Grott provided a handout – *2011 Oregon Research Brief on Addiction Treatment Effectiveness*.

The following was noted from the discussion:

- Least amount of referrals this year from the schools than previous years
- Corvallis School District 5 day buy-back not working

- Seeing consistent marijuana use
- Increase of inhalant and prescription medications
- ER visits are up for youth due to unintentional overdose of prescription medications
- Referrals from schools were inconsistent on them following their policies
- When a youth shows up on campus under the influence, they are sent home and usually no intervention is done.
- Only two agencies in the community offering youth AOD services – Health Department and YES House.
- Health Department works closely with the Juvenile Department
- Monroe and Alsea are lacking services/resources in their rural areas for the youth population around substance issues.
- Referrals seemed to work better when AOD counselors were located in the schools
- AOD counselor position at high schools in Corvallis school district was cut in 2011 due to budget constraints at the county level.
- ACIST Program Manager meets a couple times a year with the school district counselors

MHADDAC will pull together what they have learned from the school districts and Heather Grott at the September meeting.

V. Psychiatric Medication and Nutrition - Update

Foulke reported that he had a meeting with Mitch Anderson, Health Director and Mark Crocker, Peer Specialist to discuss how to bring this topic forward. Foulke and Crocker are working together, coming up with questionnaire bullet points for possible recommendations and a brochure. The goal is to have the information ready to present to MHADDAC at the November meeting.

VI. Announcements

- Biennial Plan is coming up this winter. Anderson provided a hand out: Oregon Health Authority – Addictions and Mental Health Division Biennial Implementation Plan Guidelines. Committee members were asked to bring this document back at the September meeting for discussion.
- Trione informed the committee that the Board of Commissioners voted today to put the Healthy and Safety Levy on ballot. This levy is a renewal that helps support the ACIST team, part-time Epidemiologist and part-time Communicable Disease Nurse.

IV. Agenda for Next Meeting

- Substance abuse issues in school
- CCO
- Biennial Plan (if time)

Meeting adjourned at 6:25 pm.

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
September 4, 2012**

Present: Barbara Trione, Sebastian de Assis, John Wolcott, Susan Melero, John Tripp, Amy Baird, Jayme Pierce, Randy Chakarian, and Steven Gallon

Excused: Dawn Oakes

Absent:

Guest:

Staff: Mitch Anderson, Kelly Locey, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Barbara Trione, Chair. Introductions were made.

II. Approval of August 2012 Minutes

The August 2012 minutes were presented to the committee for approval.

Motion was made by Amy Baird to approve the minutes as written. John Wolcott seconded the motion, so approved by unanimous vote.

III. Strategic Focus Area – High Risk Behaviors

Barbara Trione distributed handout - *Issues from Substance Abuse Issues at Schools*. The handout covered the following:

Heather Grott's Perspective:

- Referrals down this past year
- Corvallis's 5 day buy-back not working
- Increased and consistent marijuana use
- Increase of inhalants and prescription medications
- Increased emergency room youth visits for unintentional overdoses
- Questionable if school districts follow their own policies
- Youth sent home if intoxicated without any consequences
- Monroe and Alsea lack services and resources
- Budget cuts have reduced positions from schools
- ACIST Program Manager meets with school districts

Committee Discussions

- Smaller school districts sound more committed and connected with students.
- Common theme to either bring back or increase hours of ACIST/AOD counselors in school districts
- A culture of change needs to happen in the larger school districts to have an effective policy
- If there was additional funds, to allocate additional resources in the smaller school districts

School Districts

- Corvallis District feels that their policy is working
- Limited resources
- Monroe, having district office in the high school, exerts a constant presence
- Philomath policy is not punitive
- Alsea – alcohol is the largest substance abused followed by marijuana

IV. Coordinated Care Organization (CCO) Update

Mitch Anderson distributed handout – *About Inter-Community Health Network CCO*. The following information was noted:

- Public Partners have joined the IHN-CCO board, which meets monthly
- Regional Planning Committee has been meeting for 2 years
- 1 month into IHN-CCO
- Fiscal numbers came in at the end of July, which was 3% below estimated
- Application process is now happening for Regional Council members.
 - Application packet on the Benton County website and information sent out to OHP clients.

Action: Mitch will provide an update at the December meeting and will keep MHADDAC posted as information comes out.

IV. Agenda for Next Meeting

- Biennial Plan Discussion - Mitch Anderson
- Substance Use Survey – Kelly Locey
- Organization Chart – Mitch Anderson
- Budget Update – Mitch Anderson

Meeting adjourned at 6:30 pm.

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
October 2, 2012**

Present: Barbara Trione, Jon Tripp, Dennis Epstein, Chris Foulke, Hilary Harrison, Amy Harding, Jayme Pierce, Amy Baird, Sebastian de Assis, and Steve Gallon

Excused: Dawn Oakes

Absent: Lisa Pierson

Guest:

Staff: Mitch Anderson, Jasper Smith, Mark Crocker, Kelly Volkmann, Kelly Locey, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:15 pm by Barbara Trione, Chair. Introductions were made.

II. Approval of September 2012 Minutes

The September 2012 minutes were not completed to be presented to the committee. The review and approval of the September 2012 meeting minutes will defer to the November meeting.

III. Biennial Plan –

Anderson briefly reviewed the upcoming Biennial Plan that is due March 1st. Ideally, there would be three work groups to provide input to the Plan: 1) Specific Mental Health and Addictions group; 2) Client-family member group; and 3) MHADDAC.

Timeline for the focus groups:

- Focus Groups - December/February
- MHADDAC Review – January/February

Action: Tammy will email the Biennial Plan to MHADDAC members.

**IV. Strategic Focus Area: Substance Use Issues
Review Substance Use Survey**

Kelly Locey distributed – *Benton County's Epidemiological Data on Alcohol, Drugs, and Mental Health 2000 to 2010*. Discussion followed. Committee members inquired what the sample size was for the surveys.

Action: Kelly will try to find sample size and provide information to the committee.

V. Health Services Organizational Chart Review

Anderson presented a MHADDAC Orientation in PowerPoint to members. The presentation provided an overview of the following:

- MHADDAC Current Focus Areas and Accomplishments

- Benton County Health Services Organizational Charts
- General Ledger Compare Asset Class Summary and FTE for:
 - Outpatient Addictions Treatment
 - Treatment Services Drug Treatment Court
 - Adult Mental Health Outpatient Program
 - Adult Mental Health Safety Net Program
 - ACIST – Youth and Family Behavioral Health
 - Developmental Disabilities Program

Action: Tammy will email a PDF copy of the PowerPoint presentation to members.

VI. Announcements

Due to time constraints, no announcements were made at this meeting.

IV. Agenda for Next Meeting

- Approval of September and October Minutes
- Nutrition Workgroup Follow-Up
- Discussion & Decision Making on moving forward with information gathered from the school representatives and county staff.

Meeting adjourned at 6:26 pm.

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
November 6, 2012**

Present: Randy Chakerian, Dennis Epstein, Hilary Harrison, Jon Tripp, Barbara Trione, Chris Foulke, Amy Harding, John Wolcott, Sebastian de Assis, Lisa Pierson, and Amy Baird

Excused:

Absent: Dawn Oakes and Steve Gallon

Guest:

Staff: Kelly Locey, Mark Crocker, Mitch Anderson and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order by Barbara Trione, Chair at 5:15 pm. Introductions were made.

II. Approval of September and October 2012 Minutes.

The September and October 2012 minutes were presented for approval.

Motion was made by Hilary Harrison to approve September and October minutes as written. Amy Baird seconded the motion, so approved by unanimous vote.

III. Nutrition Workgroup Follow-Up

Chris Foulke provided a thorough PowerPoint presentation on nutrition, as well as a handout that contained recommendations for Benton County Mental Health. The recommendations are:

- Develop introductory brochures on 1) Essential Nutritional Approaches to Bio-Behavioral Health and 2) Alternative Practices and Personal Possibilities for Recovery from Mental Health Challenges and Predisposing Physical Illnesses
- Hold community nutrition classes w/ dual physical and mental focus
- Start nutritional counseling
- Create a Nutrition and Alternatives Developer part-time temporary position to oversee implementation of goals

The committee will have an in-depth discussion of the proposal at the January meeting.

IV. Advisory Committee Survey

There is a requirement on some grant applications that Benton County Health Services provide information on board/advisory composition, which is reported in aggregate form.

The Advisory Groups Demographic Survey was handed out for members to fill out.

V. Meeting Structure/Format Discussion

It has been brought to the Chair's attention that some members would like to revisit the meeting structure / format. It is felt that there isn't enough time for discussion, questions, and answers for each agenda item. The following were suggestions:

- Email information, such as handouts ahead of time and only discuss if needed
- Omit introductions if there are no guest / visitors
- Move to an one hour meeting twice a month – not supported by majority
- Extend the once a month meeting time – further discussion required
- Limit the agenda items
- Have a retreat to discuss planning for the year

There were no decisions made, further discussion will be held at the December meeting.

Action: Tammy will email bylaws to MHADDAC members

Action: Tammy will send out email asking for bio information of members

Action: Dennis volunteered to step in as vice chair until the elections.

VI. Announcements

January 2013 Meeting Date:

The January meeting will be held on the 15th due to the 1st being a holiday.

Follow-up on Focus Area:

Hilary Harrison provided a handout – High School Referral for Alcohol/Other Drug Needs for Non-Emergent Protocol and Emergent Protocol.

The following are positive highlights:

- Crisis line has been set up and in operation for a few weeks
- Corvallis School District are reviewing their policies and procedures regarding substance abuse issues
- Nine youths from the Corvallis School District high schools have been seen within seven days of Benton County ACIST receiving referral.

CCO Update:

There will be an up-coming meeting in November on Health Improvement Plan. MHADDAC members will be receiving an invite.

Self-Protection Advocacy and Rights Council:

Jon Tripp handed out brochure to MHADDAC.

VII. Agenda for Next Meeting

Biennial Plan – update in December

Nutrition Workgroup – discuss in January

Meeting Structure/Format Discussion – December

Meeting adjourned at 6:37 pm.

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
December 4, 2012**

Present: Randy Chakerian, Dennis Epstein, Hilary Harrison, Jon Tripp, Jayme Pierce, Barbara Trione, Chris Foulke, Amy Harding, John Wolcott, Sebastian de Assis, and Amy Baird

Excused: Dawn Oakes and Steve Gallon

Absent: Lisa Pierson

Guest:

Staff: Kelly Locey, Mark Crocker, Mitch Anderson, Jasper Smith, Jeanne Nelson, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order by Barbara Trione, Chair at 5:15 pm.

II. Approval of November 2012 Minutes

The November 2012 minutes were presented for approval. The following change was noted:

- Section II, Approval of September and October 2012 Minutes - first sentence: add the word “minutes” after 2012.

Motion was made by Chris Foulke to approve September and October 2012 minutes with correction. Jayme Pierce seconded the motion, so approved by unanimous vote.

III. Biennial Plan

Anderson provided a handout – Community Health Improvement Planning Work Group Report, Mental Health/Behavioral Health. The handout provided a SWAT analysis – Strengths, Weakness, Opportunities, and Threats from the work group session held on November 30th.

The top ten potential interventions are listed in priority order based on voting during the work session.

Next steps will be:

- Hold smaller work group sessions in January – invite MHADDAC membership to each
- Information collected will be put into a draft document for MHADDAC to review
- Finalize the Biennial Plan and put forward to the Board of Commissioners in February/March 2013
- Biennial Plan is due in April 2013

IV. Meeting Structure / Format Discussion & Decision

Trione reviewed the suggested list from the November meeting. Each bullet point was discussed and the following were agreed changes:

- Email information out ahead of time - Tuesday prior to the meeting is the recommended deadline with Friday being the latest. Exclusions to this deadline are last minute information that needs to be shared with the committee
- Omit introductions unless there are guest/visitors
- Agenda Items – Limit the number of agenda items and set aside 5 minutes per meeting for other agenda items that members bring forward – Chairperson's decision to add or not
- Agenda setting / strategic planning meeting once a year to discuss agenda priorities for the year. This meeting will be held February 5th from 5:00 – 7:00 pm

V. Announcements

- Christmas Pageant at the 1st Presbyterian Church in Corvallis on December 6th at 7:00 pm
- Work Unlimited event on December 14th from 6:00 – 8:00 pm
- National Alliance on Mental Illness (NAMI) holiday party will not be happening this year; instead the focus will be the summer picnic.
- Family Support will be meeting the second Tuesday of December.
- Two Benton County teen's art work was selected for the Problem Gambling calendar this year. Locey distributed 2013 calendars to the committee.
- Strategic Prevention Task Force had their first meeting – focus is on binge drinking. The group is working with other community groups to increase publicity in this area for prevention/education. The group has a focus on the rural areas.
- **Next MHADDAC meeting will be held January 15th**, due to January 1st being New Year's Day.

VI. Agenda for Next Meeting

Elections
Nutrition Discussion/Decision
Detox

Meeting adjourned at 6:26 pm