

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
January 7, 2014**

Present: Amy Baird, Jon Tripp, Dennis Epstein, Hilary Harrison, Chris Foulke, Lisa Pierson, and Eleanor Daniels

Excused:

Absent: John Wolcott, Steve Vets and Steve Gallon

Staff: Kelly Volkmann, Jeanne Nelson, Jasper Smith, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:20 pm by Dennis Epstein, Chair.

II. Approval of December 2013 Minutes

The December 2013 minutes were presented for approval.

Motion was made by Jon Tripp to approve the December 2013 minutes as written. Hilary Harrison seconded the motion, so approved by unanimous vote.

III. Announcements

- Volkmann – Benton, Linn, and Lincoln Counties and IHN applied for and was awarded the Mental Health Promotion and Prevention grant. The grant will be for 18 months with an anticipated amount of \$180,000. **Action:** Shandy will email information to the members.
- Nelson – Applied for a Regional Crisis Grant with Linn County through the state Adult Mental Health.
- Tripp – There is no additional information on the K Plan.

IV. Nominations and Elections of Chair and Vice Chair Positions

Per the Bylaws, at the beginning of each year MHADDAC is required to nominate and elect the Chair and Vice Chair positions.

Epstein opened the floor for nominations for the Chair position. Pierson nominated Harrison; she declined. Pierson nominated Baird; she accepted. Baird nominated Epstein; he declined. No other nominations were noted. **A vote for Chair was put forward by Epstein. Nomination was passed by a unanimous vote. Baird will be the new Chair for 2014.**

Epstein opened the floor for nominations for the Vice Chair position. Baird nominated Harrison; she accepted. No other nominations were noted. **A vote for Vice Chair was put forward by Epstein, Chair. Nomination was passed by a unanimous vote. Harrison will continue to be the Vice Chair for 2014.**

V. **Strategic Focus Planning**

Epstein recapped the last several meetings. In reviewing the information, it was discovered that the Developmental Disabilities program was not represented when information gathering sessions were held. The committee asked Jasper Smith, Program Manager of Developmental Disabilities to speak at the February meeting on their services; he accepted the invite.

Harrison and Epstein handed out a one page document they put together – *MHADDAC Strategic Focus 2013/14*.

Epstein voiced that under Quality of Care there are three main topics to be looked at, which are: Patient Satisfaction, Competence and Privileging, and Best Practice.

Patient Satisfaction suggested ideas:

- Inquire on what data Benton County Health currently has available
- Determine what information should be captured on a survey
- Check the possibility of having an Oregon State University student help design a survey.

First step will be to see what information Benton County Health is currently capturing before moving any further. An invite will be extended to Ann Brown, Quality Improvement Manager to present patient satisfaction data at the February or March meeting.

It was suggested and decided to implement a 10 minute slot on the agenda for Community Feedback.

Competence and Privileging:

Nelson voiced that this topic is already covered by practicing requirements that licenses have to be up to date. In addition, staff attend trainings to continue their knowledge base.

Nelson reported that her Assertive Community Treatment (ACT) team recently had a site review. Pierson asked if that report could be forward to the committee. **Action:** Shandy will email report to members.

Traditional Health Care Workers

- Another presentation was suggested - inviting a staff member providing traditional health to a MHADDAC meeting
- Information to be provided on the Lincoln Project

V. **February/March/April Agenda Items:**

- Developmental Disabilities Program (February Meeting) – Jasper Smith
- Patient Satisfaction Data – Ann Brown
- Strategic Plan Presentation – Mitch Anderson
- Follow-up on Recommendations from 2013 – Mitch Anderson

Adjourned at 6:25 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
February 4, 2014**

Present: Amy Baird, Jon Tripp, Hilary Harrison, Eleanor Daniels, Steve Vets, John Wolcott, Tom Giles, Cynthia McCain, and Robert Reff

Excused: Dennis Epstein

Absent: Chris Foulke and Lisa Pierson

Staff: Kelly Locey, Mitch Anderson, Jeanne Nelson, Jasper Smith, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:16 pm by Amy Baird, Chair. There are three new members in attendance; Tom Giles, Cynthia McCain, and Robert Reff.

II. Approval of January 2014 Minutes

The January 2014 minutes were presented for approval.

Motion was made by Hilary Harrison to approve the January 2014 minutes as written. John Tripp seconded the motion, so approved by unanimous vote.

III. Announcements

- Tripp - The ARC has an anti-bullying campaign to stop abuse, assault, etc. A signature page was passed around for members to sign in support for awareness, and be advocates.

- Harrison – The community advisory committee has finished looking at the health impact areas in the community. This is similar to the counties process in creating a community health improvement plan. There will be a report out at the March 3rd meeting. The local sub-committee, Benton Local Advisory Committee (BLAC) meets monthly, on the last Friday of each month and is open to anyone.

IV. Community Feedback

No community feedback at today's meeting.

V. Strategic Focus Planning – Developmental Disabilities (DD)

Smith provided a handout. As of last July, there have been some fairly significant changes. One change is that the state adopted the community first choice option, under the portable care act. This allows the state to expand a variety of Medicaid based services, and the state receives an increased 6% match rate. There are no longer waitlists or caps. The largest expansion was for kids services.

- No Benton County DD resident is currently in proctor care, kid's residential, state hospital, psychiatric hospital, or prison.
- Increased capacity in all adult service element – 3% group homes, 6% supported living, 6% employment, 2% adult foster homes.
- Kid foster home enrollment has dropped 20% and is now down to 4 kids.
- Benton County's integrated employment rate is 32%, compared with the 13% for the state.
- 65% are engaged in integrated employment and 82% are either in integrated employment or moving towards integrated employment.
- 3% of DD kids are served outside the family home, this is 6% down from previous year. The state average is 15%
- Expanded housing options for adults for more independent living.
- Serve individuals in the most appropriate and least restrictive setting.

Overall, Benton County Developmental Disabilities program is doing better than the national average and is performing as a leader in the state.

The committee inquired on what the needs/advocacy, if any, does DD need from this group. The response was for members to inform the program what the community is wanting for services.

VI. Regional Local Health Authority

The Benton, Linn, and Lincoln Health Department Directors have organized a monthly, rotating site meeting called Regional Local Health Authority. The Directors and a few managers of each county meet to look at the public government perspective to explore options of working together as change is happening.

Counties by state law are required to have a mental health and addictions advisory committees. Benton County combined the Mental Health and Addictions into one meeting, MHADDAC many years ago. Counties are not required by law to have a public health advisory; however, Benton County has one which is very active.

With the shift of funding to the coordination care organizations, it has created disconnect between the legal mandated advisories and their original purpose. The original purpose was for the local advisory committees to advise on area of need and expenditure of funds for the Health Departments. Now with the Coordinated Care Organizations (CCO), a large portion of the funding that used to come to Health Department goes to the CCO, causing shrinkage in funding. The expectation is that as more individuals get on insurance or

Medicaid more of the funding will go away in the next biennium. As this happens, it is unclear what the local health authority will look like.

The CCO advisory committees are ramping up their oversight of responsibilities which is causing an overlap. It is unclear if the different advisory groups will be working separately on the same issues/projects or if committees need to be collapsed together.

An invitation was handed out to the committee for the next Regional Local Health Authority meeting on February 26th in Lincoln County. This will be an informal lunch meeting and committee members are encouraged to attend.

Members attending the meeting will provide a report to MHADDAC at the March meeting.

V. February/March/April Agenda Items:

- Developmental Disabilities Program (February Meeting) – Jasper Smith
- Patient Satisfaction Data – Ann Brown
- Strategic Plan Presentation – Mitch Anderson
- Follow-up on Recommendations from 2013 – Mitch Anderson
- Regional Local Health Authority Report Out – Members

Adjourned at 6:25 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
March 4, 2014**

Present: Amy Baird, Jon Tripp, Hilary Harrison, Eleanor Daniels, Lisa Pierson, Dennis Epstein John Wolcott, Tom Giles, Cynthia McCain, and Robert Reff

Absent: Steve Vets

Guest: Karen Stevenson

Staff: Kelly Locey, Mitch Anderson, Jeanne Nelson, Jasper Smith, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:18 pm by Amy Baird, Chair.

II. Approval of February 2014 Minutes

The February 2014 minutes were presented for approval. One change was noted – Section III. Announcements, second bullet, change Linn to Local.

Motion was made by Jon Tripp to approve the February 2014 minutes with noted change. Hilary Harrison seconded the motion, so approved by unanimous vote.

III. Announcements

- Harrison –
 - Many Hands Trading Company provides days of sharing for non-profits. Oregon Family Support Network (OFSN) is the recipient for this Saturday. They will give OFSN \$1 for every \$4 spent on Saturday in the store.
 - ARC tags for non-profit. ARC will split the profit with non-profit organizations; however the items must have the tag on them. See Harrison if interested.
 - National Alliance on Mental Illness (NAMI) will be having Family to Family educational classes. Classes are designed for families with adults of mental health concerns. Starts March 27th at the Grace Lutheran Church.
- Reff –
 - A national advocacy group – Young People in Recovery will be at OSU on Friday, March 7th at 2:00pm. The group promotes long term recovery and access to treatment. The community is welcomed to attend.
- Foulke –
 - Sustainability Coalition Annual Fair will be on March 10th

IV. Community Feedback

- Article on Kids Mental Health Crisis in the Sunday Gazette-Times. The link is: http://www.gazettetimes.com/news/local/youth-suicide-series-gaps-in-a-crisis-driven-system/article_b764beab-92b2-5591-99a2-2a1b9fb5159b.html

V. Regional Local Health Authority

The Benton, Linn, and Lincoln Health Directors and designated managers invited their Public Health and Mental Health Advisory Committees to their February meeting. The main focus was – what is the future of advisory committees and what to do next. It was reported that approximately 40 people were in attendance and was interesting to hear from the Public Health side.

Benton County will be hosting the next meeting on April 23rd. MHADDAC members were encouraged to attend.

VI. Updates on 2012-2013 Recommendations

Youth Substance Abuse/Use

Locey provided handout – Oregon School Boards Association Selected Sample Policy

This is a suggested draft model for school districts with the best overall components.

- Mechanism to seek out funding to support alcohol or substance use prevention
- Staff training, development, or in-service annually.
- Development of public information plan for students, staff and parents.
- Annual policy review and changes as needed.

In Locey's review of the four Benton County school districts policies, she found that not all districts had the following pieces in their policy:

- Discipline
- Curriculum
- Parent and staff education
- Details on disciplinary plan of action

Policies should have language that is understandable and easily found on their websites.

A letter coming from MHADDAC as a citizen committee would have a better impact with the Health Department as a resource. Anderson will draft a letter to the school districts regarding the issues that the committee has explored with recommendations and a model policy. This letter will be signed by MHADDAC Chair and Benton County Health Director.

Young Adults in Transition (YAT)

OFSN contract is staying with the Health Department.

Promotion, Awareness, and Acceptance: The Health Department and CCO were granted a regional Mental Health Promotion grant. A program will be developed to look at mental wellness and promotion.

Youth Suicide Grant: The funds have run out; however Benton County Health will continue to look at opportunities. Benton County has an active youth coalition.

The Mental Health program is working on a smoother transition for the kids in mental health services that will need adult services when turning eighteen.

VIII. Strategic Plan

Anderson provided a PowerPoint presentation on the Health Services Strategic Plan.

IX. April Agenda Items:

- Patient Satisfaction Data – Ann Brown

Adjourned at 6:40 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
April 1, 2014**

Present: Amy Baird, Jon Tripp, Hilary Harrison, Eleanor Daniels, Steve Vets, John Wolcott, Cynthia McCain, Chris Foulke and Lisa Pierson

Excused:

Absent: Tom Giles and Robert Reff

Guest: Dianne Farrell

Staff: Kelly Volkmann, Mitch Anderson, Jasper Smith, Ann Brown, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting was called to order at 5:16 pm by Amy Baird, Chair.

II. Approval of March 2014 Minutes

The March 2014 minutes were presented for approval.

Motion was made by Jon Tripp to approve the March 2014 minutes as written. Cynthia McCain seconded the motion, so approved by unanimous vote.

III. Announcements

Tripp –

- May 13th will be his last day on the ARC of Benton County Board.

Anderson –

- The next Regional Health Collaborative meeting will be held on April 23rd from 11:00am – 1:00pm at the Benton County Sunset meeting room. Lunch will be provided. Announcement will be sent out. Please RSVP if planning on attending.

Harrison –

- The National Alliance on Mental Illness (NAMI) Family to Family 12 week course is starting and there is still room. This course is for anyone who has family members dealing with mental health issues. At this time there are twelve people signed up.
- NAMI has moved their board meetings to Monday evenings and are actively looking to add members. Contact Harrison if interested. NAMI has a new strategic plan.
- OFSN next meeting on April 8th will be focusing on Person First Language.
- The Benton Local Advisory Committee (BLAC) had a great meeting with Phil Warnock. There are 3 seats open on the committee. Notifications will be going out.
- Children's Mental Health Day will be May 8th on the capitol steps.

- Youth Mental Health First Aid for Training will be offered for Linn and Benton County community members on May 31st at the Grace Lutheran Church from 8:30 – 5:30pm
- Youth Mental Health Coalition is working on a website that will be launched within the next few weeks.

Farrell –

- She plans on attending the MHADDAC meetings on a regular basis as a NAMI representative. NAMI's newsletter is now electronic by email.

IV. Community Feedback

Wolcott expressed his concern regarding the homeless shelters closing their doors. Baird suggested contacting Aleita Hass-Holcombe of the Corvallis Homeless Coalition and Jenn Chen to share concerns and ask for additional information. Contact number was given during the meeting.

V. Strategic Focus Planning – Satisfaction Survey Data – Ann Brown

Brown provided handout – *Your Voice Matters! Patient Survey for the Benton Health Center* and a PowerPoint presentation.

The committee suggested:

- Satisfaction survey for Mental Health clients
- Return envelope
- Range of services verses services needed
- Reduce the survey size by half and give to specific amount of people
- Send a survey out by mail to all clients to capture those not coming in for services

VI. May Agenda Items

- Report out of Regional Health Collaborative Meeting
- Report back on date set for BOC to attending meeting
- Communication

Adjourned at 6:35 pm