

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
April 3, 2018**

Present: Tom Giles, Nicole Langpap, Dale Holiday Helen Cunha, Mal Miner, Shelley Ackermann, Janine Egan, and Bryant Seton

Excused: Amy Young

Staff: Mitch Anderson, Jasper Smith, Dannielle Brown, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:16 pm by Bryant Seton, Vice Chair. Introductions were made.

II. Approval of March 2018

The March 2018 minutes were presented for approval.

Motion was made by Cunha to approve the March 2018 minutes as written. Ackermann seconded the motion, so approved by unanimous vote.

III. New Business

Early Assessment Support Alliance (EASA) – Sara Kaye

This is a new program for Benton County, starting this year. EASA is an early intervention for youth who might be experiencing psychosis for the first time; psychosis that is related to mental health. It's estimated that 1 in 30 youth experience some sort of psychosis, can be related to a variety of medical conditions. Partnership with the schools, including Oregon State University, mental health providers, etc. Things to look for in youth are reduced performance, behavior changes, and perceptual changes. After a referral is received, an assessment is completed for the youth and a comprehensive coordinated team model is put in place to help support the youth. The program is set up for 10-12 youth being served in the first year, currently Benton County program has 5 enrolled youth. Handout was provided.

Eligibility requirements for the program are:

- 12 – 25 years old
- Lives in Benton County
- Currently not receiving services from developmental diversity programs
- No more than 12 months since diagnosed with psychosis
- Symptoms not being caused by a medical condition

HIV/Harm Reduction and Needle Exchange Program – Tatiana Dierwechter

Chris Gray, Benton County Outreach Harm Reduction Specialist was not able to attend the meeting today. Dierwechter reported that Gray has been providing outreach harm reduction services in Benton County for over 12 years. Approximately 37 hours a week of his day he is out in the community on his bike building relationships with individuals who may never walk into a medical building. He carries with him outreach materials, clean syringes, and offers rapid HIV tests, syphilis test, and hepatitis C screening.

Approximately 7 years ago funding went away for this program when there was a shift from the state to only fund HIV programs for the counties with the highest HIV prevalence. Fortunately the Benton County Commissioners have seen the need for this program and have continued to support this program without the state funding since loss of funding.

Needle Exchange

There still is a federal ban on using any funding from the Centers for Disease Control (CDC) and Prevention for local syringe exchange programs. Benton County has continued to fund this program with general revenue funds. Used needles are exchanged for clean needles to help decrease the sharing of needles which prevents the transmission of diseases/infections. The syringe exchange program helps promote the use of clean needles and provides a safe and appropriate disposal of used needles. There is a drop box located at the Benton County Health Department for used needles.

HIV Early Intervention

This year, the state of Oregon was able to secure funding from the CDC for early HIV intervention. Benton County joined partnerships for a Regional HIV Early Intervention and Outreach Program with Linn County, Lincoln County and the Confederated Tribes of Siletz Indians. The joint grant application was submitted and funded. Funding is for 5 years and will allow expansion of what currently Gray does in Benton County to all three counties and the tribe. Testing, prevention, education, and outreach services will be provided to individuals in the region who are at risk for HIV and other sexually transmitted infections. A full time Outreach Harm Reduction Specialist will be hired for Linn County with direct supervision done by Benton County. Lincoln County and the Tribe have hired their full time position.

Pre Exposure Prophylactic (PrEP) is an oral medication that is prescribed to someone who is at high risk for HIV. When taken consistently and guidelines followed, PrEP is almost 100% effective in preventing HIV. A recent survey of local providers identify a limited understanding and prescribing of PrEP; outreach and raising awareness of PrEP is currently happening for clinical providers.

Dierwechter suggested if the committee would like data for the Needle Exchange/Harm Reduction program that Gray can attend an upcoming MHADDAC meeting.

IV. Community Feedback and Announcements

Seton –

- Forum about the Fair Housing Act co-presented by the City of Corvallis and Oregon State University next Wednesday.

Giles –

- Board of Commissioners signed the Developmental Disability Awareness Month (March) Proclamation.

Anderson –

- State made an error with the Developmental Diversity Matching Funds about 3 years ago and Benton County has not received those funds as of yet. Anderson is working with County Counsel in drafting a letter to the state.
- Committee members had previously asked about material around gun violence. Anderson provided a handout from Community Mental Health Association of Michigan – Special Edition: Gun Violence and Mental Health

V. Old Business – Strategic Focus

CHIP/CHA Update

Community Forums have been completed. Information will be shared in an upcoming meeting.

Criminal Justice Steering Committee Update

There is a meeting scheduled; update will be provided at the May meeting.

VII. April Agenda Items

- Community Feedback / Announcement
- Old Mill Center Presentation – May or June
- Housing Update from Kenny Lowe
- Criminal Justice Steering Committee Update

Adjourned at 6:40 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
May 1, 2018**

Present: Tom Giles, Nicole Langpap, Dale Holiday, Helen Cunha, Mal Miner, Amy Young, Shelley Ackermann, and Bryant Seton

Excused: Janine Egan

Staff: Mitch Anderson, Jasper Smith, Dannielle Brown, and Tammy Shandy (recorder)

Guest: Linda Peterson

I. Call to Order and Introductions

Meeting called to order at 5:15 pm by Amy Young, Chair. Introductions were made.

II. Approval of April 2018

The April 2018 minutes were presented for approval.

Motion was made by Seton to approve the April 2018 minutes as written. Cunha seconded the motion, so approved by unanimous vote.

III. New Business

Updates, Discussion, Questions, and Answers - Senator Gelser

Gelser provided updates to the committee.

The Oregon Health Authority has hired a new director. This person is a great system leader; however, she was unsure of background in mental and behavioral health. It will be important to reach out to Anderson and the other Mental Health Directors when discussions happen around mental and behavioral health.

There is also a new state hospital director. This person comes from a different state that has a different philosophy than Oregon. For instance, the implementation of armed police at their state hospital campus and established that those who are considered dangerous or not behaving well be put into isolation for up to 2 weeks. Gelser has shared her concern with the new director. Oregon should never be a state with armed police at the state hospital, as this should be a place of healing.

There has been confusion at the local and state level regarding agency responsibility for dually diagnosed children that are experiencing intellectual disabilities and mental illness whose family goes into crisis. Workgroups were formed to address the issue and bring forward recommendations; however, it was noted that nobody from the developmental disabilities community was included in the workgroup. The oversight was addressed.

Peterson stated that the Residential Ombudsman program has been receiving an increase in calls and complaints from across the state about KEPRO. This is the organization that the Oregon Health Authority hired to do the authorizations for residential care. When trying to reach out to KEPRO, they have not been forthcoming. There is some instability where people are being moved out, not receiving a 30 day notice. Instead they get a level of care redetermination which makes them ineligible for services for residential or foster homes. There have been some occurrences where people have been dropped off at their local county mental health office on a Friday afternoon since there is no longer any payment option for them. It has also been reported that there are some residential providers who have not been paid for services for over year. Senator Gelser took notes on this issue.

Discussion with Senator Gelser was held at length.

IV. Community Feedback and Announcements

Anderson –

- Criminal Justice System Steering Committee is having a community forum on May 30th at the Benton County Historical Museum, 1101 Main Street in Philomath.
- The Community Health Improvement Plan data was presented at the Public Health Appreciation event. Peter Banwarth, Epidemiologist for Benton County Health Services did an excellent job with the data and community comparison. Action: Invite Banwarth to the June or July meeting to present the information.

Miner –

- Recently attended the County's Emergency Plan Workshop. Was glad to see that the resources and assistance for the vulnerable population was included.

Giles –

- Training for foster / group homes is of concern, especially with the increase in staff transition

Langpap –

- She and a fellow classmate are scheduled to meet tomorrow with Corvallis High School staff to discuss teacher assistance in the reduction of stress and anxiety for students. She will be speaking specifically about the student population that have anxiety and how it affects their test taking, doing presentations, etc. She will also be addressing how teachers can help students feel more comfortable and emphasize the need for confidentiality when a student shares concerns. Overall class morale and spirit of the classroom will be covered.

V. June Agenda Items

- Community Feedback / Announcement
- Old Mill Center Presentation
- Housing Update from Kenny Lowe
- Criminal Justice Steering Committee Update

Adjourned at 6:40 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
June 5, 2018**

Present: Amy Young, Nicole Langpap, Helen Cunha, Mal Miner, Shelley Ackermann, Janine Egan, and Bryant Seton

Excused: Tom Giles and Dale Holiday

Staff: Mitch Anderson, Dannielle Brown, Jasper Smith, Peter Banwarth, and Tammy Shandy (recorder)

Guest: Asia Hanson, Bettina Schempf and Kate Caldwell

I. Call to Order and Introductions

Meeting called to order at 5:15 pm by Amy Young, Chair.

II. Approval of May 2018

The May 2018 minutes were presented for approval.

Motion was made by Seton to approve the May 2018 minutes as written. Ackermann seconded the motion, so approved by unanimous vote.

III. Community Feedback and Announcements

Anderson –

- Construction at the Health Services building is on schedule and moving forward.

Young –

- Corvallis Men's Shelter, Stone Soup, and the Corvallis Daytime Drop-In Center are working towards being in the same location – the old Department of Human Services (DHS) building on 2nd Street.

Langpap –

- Met with Corvallis High School teachers and had a positive response. They are recommending that this type of meeting happens 1 – 2 times per school year. A support group for incoming freshman is being designed.

IV. Old Business

Community Health Improvement Plan Update – Peter Banwarth

Banwarth provided a 2018-2023 Benton County Community Health Improvement Plan (CHIP) PowerPoint presentation. He explained that the CHIP process was informed by the 2013 Community Health Improvement Plan, 2017 Community Health Assessment, and the 2040 Thriving Communities Initiative.

The four prioritized health issues that came to the top were:

- Housing, Transportation, and Development
- Healthy Food Systems
- Mental Wellbeing and Community Resiliency
- Communicable Disease

Benton County Health Department will develop work plans in collaboration with equity and community partners to guide improvement work in each of the four areas listed above. The timeline is April 2018 to August 2018.

Timeline and work plan development for Mental Health Wellbeing and Community Resiliency was reviewed. Banwarth will engage MHADDAC as work is being done.

V. Criminal Justice System Study Update

Seton, Cunha, and Miner attended the Criminal Justice System Study forum in Philomath on May 30th. Overall, they felt it was well attended and interesting.

VI. New Business

Old Mill Center for Children (OMCC) – Bettina Schempf and Kate Caldwell

Handout Old Mill Center for Children and Families . . . Today and Tomorrow was distributed.

OMCC was founded 40 years ago and is a non-profit agency providing services to children and families regardless, no one is turned away.

Programs that are provided at OMCC:

- Healthy Families
- Integrated Preschool
- Intensive Treatment Services
- Relief Nurse
- Child, Teen, and Family Counseling

VII. July / August Meeting Topics

- Housing Update
- Criminal Justice Steering Committee Update
- Strategic Planning – Regroup

It was noted that the next scheduled meeting falls on July 3rd. A Doodle Poll will be sent out in regards to attendance. If the poll reveals that there will not be a quorum, the July meeting will be cancelled.

Adjourned at 6:40 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
July 2, 2018**

Present: Tom Giles, Nicole Langpap, Dale Holiday, Helen Cunha, Mal Miner, Shelley Ackermann, Janine Egan, and Bryant Seton

Excused: Amy Young

Staff: Mitch Anderson, Dannielle Brown, Kacy Giles, Sara Kaye, Tatiana Dierwechter, and Tammy Shandy (recorder)

I. Call to Order and Introductions

Meeting called to order at 5:15 pm by Amy Young, Chair.

II. Approval of June 2018

The June 2018 minutes were presented for approval.

Motion was made by Seton to approve the June 2018 minutes as written. Cunha seconded the motion, Giles abstained, so approved by unanimous vote.

III. Community Feedback and Announcements

Young –

- Samaritan Health Services is sponsoring a free Mental Health First Aid training over the summer/fall. The focus will be on youth and veterans. Handout provided.
- IHN-CCO next community advisory meeting is July 9th at the Sunset Building, from 1:15pm to 3:30pm.
- Students who received reduced or free lunches during the school year can also receive these during the summer.

Brown –

- Construction at the Health Services building is on schedule.

Giles –

- Department of Human Services (DHS) has good information on their website regarding the minimum wage increase and how it effects Developmental Diversity consumers and their benefits.

Miner –

- Goal should be to help integrate the homeless within their community; they are people too and should not be isolated.

V. Old Business – Strategic Focus

Criminal Justice Steering Committee Update

Reviewing the data that was collected at the May meeting, with a deadline of September to finish the review. Focus groups and topic information will be coming out soon.

Strategic Focus – Recap/Wrap Up

Topics Covered Over the Last Year Include:

- Community Health Improvement Plan / Community Health Assessment (CHIP / CHA)
- Youth Mental Health
- Legislative Perspective – Family Services
- Housing Homeless
- Suicide
- Talking about Mental Health
- County Operations
- Substance Abuse
- Criminal Justice

Actions Include:

- Communicate w/ Commissioners
- Criminal Justice
- Housing Opportunities Council
- Youth Outreach / Impact

Issues Include:

- Coordinating
- Communicating with the Commissioners
- Action vs Advising
- Reporting (w/steps and recommendations)
- Equity
- Inclusion / Disability Access

Important Dates:

- Fall 2018 – BOC volunteer event
- Fall 2018 - CHIP
- January 2019 - Department 2 year Budget Planning
- February 2019 - Legislative Session begins

Young assigned information homework assignment to committee members, which are:

1. Prioritize topics for continued conversations
2. Commissioners volunteer appreciation – How to take advantage of this time to get information out.

VII. August Agenda Items

- Community Feedback / Announcement
- Housing Update from Kenny Lowe ?
- Criminal Justice Steering Committee Update

Adjourned at 6:26 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
September 4, 2018**

Present: Tom Giles, Nicole Langpap, Helen Cunha, Mal Miner, Janine Egan, and Bryant Seton
Amy Young

Excused: Shelley Ackermann and Dale Holiday

Staff: Dannielle Brown, Kacy Giles, Kenny Lowe, Jasper Smith and Tammy Shandy
(recorder)

I. Call to Order and Introductions

Meeting called to order at 5:15 pm by Amy Young, Chair.

II. Approval of August 2018

The August 2018 minutes were not available for approval. Minutes will be approved at the October meeting.

III. Community Feedback and Announcements

Langpap –

- Corvallis High School Impact Day will be happening something this Fall. Contact Langpap by email if want to share any ideas/suggestions for the event.

V. Old Business – Strategic Focus

Criminal Justice Steering Committee Update

No new information at this time; next scheduled meeting will be happening tomorrow. Information will be shared at the next meeting – October.

Benton County Mental Health Housing Update – Kenny Lowe, Housing Coordinator

Lowe is in attendance today per request of the committee to provide an update on the Housing program since last year. T

Lowe explained that here is a lot of advocacy work that is done to help individuals get into the homes. There are a limited number of home owners in the community who are willing to rent out properties to individuals with criminal history in addition to severe and persistent mental illness, even though there is oversight of individuals in this program. Positives for home owners who rent to these individuals include secured timely monthly payment and ensuring rules are being followed.

The law enforcement rental assistance program criteria is for those with criminal history barriers and who have severe and persistent mental illness and are being discharged from a facilities or referred from parole and probation. Successful in filling 12 spots in less than a

year. As of today, 5-7 of those individuals have transition into the permanent Section VIII Housing program.

Lowe shared a few stories of how the housing program has helped individuals be successful.

Board of Commissioners Volunteer Appreciation Event

An email went out from the Board of Commissioners (BOC) office as a reminder; Shandy will send another reminder email to members. Committee members reviewed information they would like to share at the event. The following information was noted from the white board:

- Youth
 - Talking about MH
 - Suicide Awareness/Prevention
- Criminal Justice
- Housing / Homelessness
- Developmental Diversity
 - Funding and staffing

3-4 PowerPoint slides on what have done over the year, areas of focus, new opportunities, and encourage people to talk with us.

- Resources
- Stigma – talking about those topics
- Stats – Community Assessment and Economic Impact
- Addictions & Developmental Diversity – talking about them
- Funding / Recession / Legislature
- Open Discussion - Guests

VII. October Agenda Items

- Community Feedback / Announcement
- Criminal Justice Steering Committee Update
- Debrief on Benton County Volunteer Appreciation Event
- Youth Mental Health & Substance Use – Kelly Locey
- Invite County Information Officer to an upcoming meeting

Adjourned at 6:25 pm

**Mental Health, Addictions, and Developmental Disabilities Advisory Committee
(MHADDAC)
December 4, 2018**

Present: Tom Giles, Nicole Langpap, Helen Cunha, Mal Miner, Janine Egan, and Bryant Seton
Amy Young

Excused: Shelley Ackermann and Dale Holiday

Staff: Dannielle Brown, Kacy Giles, Kenny Lowe, Jasper Smith and Tammy Shandy
(recorder)

I. Call to Order and Introductions

Meeting called to order at 5:16 pm by Amy Young, Chair.

II. Approval of November 2018

The November 2018 minutes were presented for approval.

Motion was made by Seton to approve the November 2018 minutes as written. Cunha seconded the motion, so approved by unanimous vote.

III. Community Feedback and Announcements

Young –

- Dale Holiday has resigned from MHADDAC.
- Legislative session will be starting up in January. Anderson will bring updated information to the next meeting for members to review.
- Hawaii is looking at using Medicaid money for homeless issues.

Langpap –

- Impact Day at Corvallis High School is put on by student leadership and is scheduled for tomorrow. This event is to help break down stigma / barriers on mental health. Approximately 200 students have signed up.
- A few students have approached her to help relay information to school staff regarding mental issues, anxiety, etc. She is working with school staff to get on the schedule to provide a presentation. Young asked for a report back at the January MHADDAC on this.

Cunha –

- Reported that the next Criminal Justice Steering Committee meeting is tomorrow; will provide an update at the January meeting.

Anderson –

- The Health Services Building on 27th street is in chaos; however, still on track for February 2019 completion.
- Budget process for the county has started for the biennium. Draft budgets will be submitted end of April / May to budget hearing meetings. In February / March will put on the agenda for MHADDC to review any potential changes.

V. New Business –

Daniel Lopez-Cevallos, PhD, MPH, Associate Professor from Oregon State University is in attendance today to provide data from the *Oregon Community Foundation (2016), Latinos in Oregon, Trends and Opportunities in a Changing State* and to field questions from MHADDC members on this topic. Lopez-Cevallos provided a PowerPoint presentation - *Access to Health Care for Latina/o/x in Rural Oregon: A Healthy Equity Perspective (presentation attached)*.

VII. January Agenda Items

- Community Feedback / Announcement
- Criminal Justice Steering Committee Update
- Legislative Information Sharing

Adjourned at 6:25 pm