

Benton County Community Health Improvement Planning

Behavioral Health and Wellbeing

Behavioral health is more than a health outcome - it also affects overall wellbeing. Behavioral health and wellbeing are influenced by the same social factors that impact physical health.

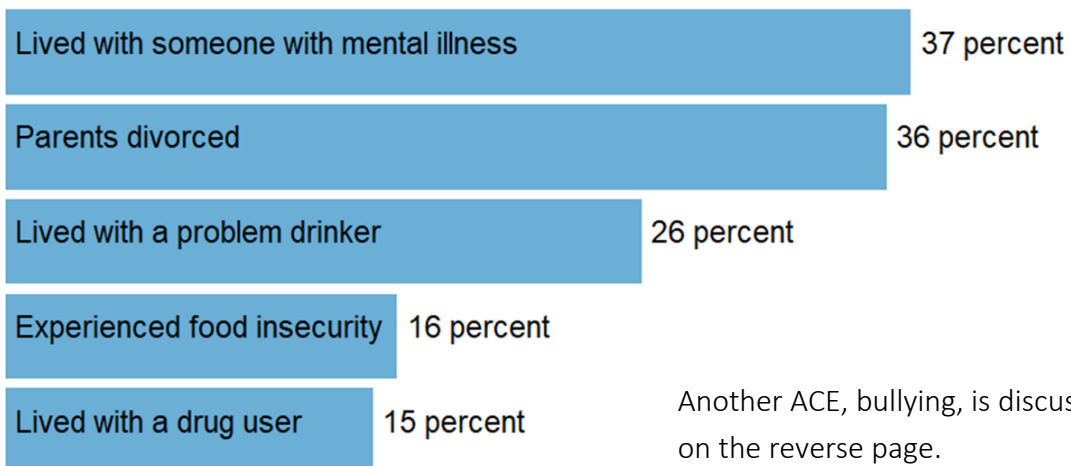
Key Health Data

- The Center against Rape and Domestic Violence received 6,300 calls in 2016 from Benton and Linn Counties (CARDV serves both counties).
- 30 percent of high school students have had a major depressive episode.
- 7 percent of 8th graders attempted suicide in 2017—that is equivalent to 2 students in every classroom.
- Benton County’s drug overdose rate is less than half of Oregon’s overdose rate, but causes a similar share of injury deaths.

Focus on: Adverse Childhood Experiences (ACEs)

ACEs have lifelong impacts on health and wellbeing. Over half of Benton County 11th graders have experienced one or more ACEs.

Percent of 11th graders with common ACEs:



Another ACE, bullying, is discussed on the reverse page.



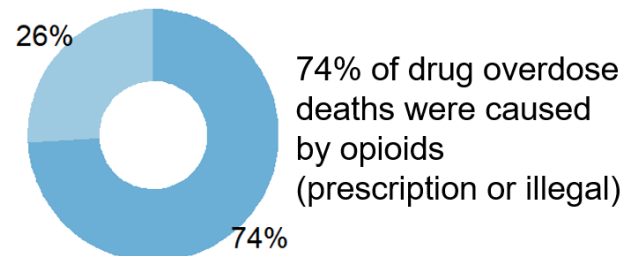
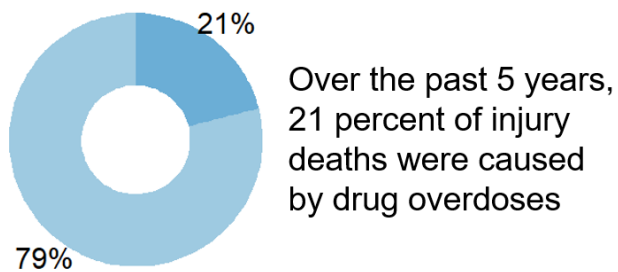
Bullying among youth

Bullying among youth is a growing problem, and one that does not affect all youth equally.

- Female high school students are twice as likely to be bullied as male high school students.
- African American, Asian, and Pacific Islander high school students are bullied about their race 10 times as much as white high school students.

Focus on: Opioids and Prescription Drug Abuse

Benton County has a much lower rate of drug overdose than the rest of Oregon. However, Benton County also has fewer injury deaths, so the burden of drug overdose is proportionate.



To learn more:

Visit this website: bit.ly/BentonCountyCHIP to see all seven themes in an interactive webpage.

Read the [2017 Community Health Assessment](#) on the Benton County Health Department website for much more data.

Take this survey to help us prioritize 3 themes for our Community Health Improvement Plan: www.surveymonkey.com/r/2018CHIPpriorities.

