

Regional Community Health Improvement Planning

Substance Use and Misuse

Substance use and misuse is important to address through prevention, treatment, and harm reduction strategies to promote health and well-being.

Key Health Data

- In Linn and Lincoln counties, 1 in 6 individuals smoked cigarettes in 2020.
- In 2019, drug overdose rates increased in Linn, Benton, and Lincoln counties and the state of Oregon.
- From 2018 to 2019, Lincoln County's drug overdose death rate increased 147%.
- In the region, the percent of 11th graders who reported misusing prescription drugs is higher than the state of Oregon in 2019.

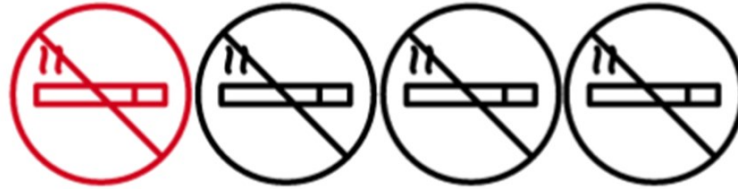
Focus on: Youth Alcohol Use

One in five 11th graders reported using alcohol in the region in 2019.



Focus on: Tobacco use

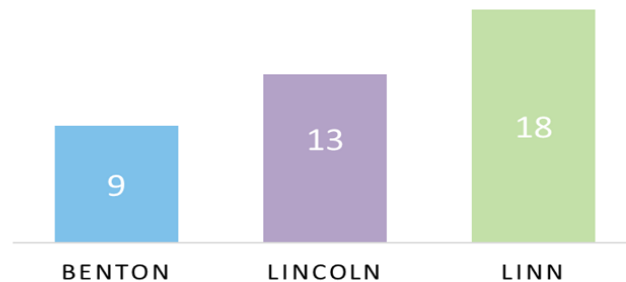
Misuse of substances at an early age is shown to be an important predictor of substance use disorders. 1 out of 4 eleventh graders reported using e-cigarettes in the region in 2019.



Focus on: Drug Overdose

Drug overdose deaths in the region were driven primarily by opioids and methamphetamine. The Linn County drug overdose death count was twice that of Benton County in 2019.

Drug Overdose Death Count



To learn more:

[Visit this website](#) to see all 7 key health themes and the full Regional Community Health Assessment: <https://bit.ly/BCHD-CommunityHealthImprovement>

Take the survey to help prioritize 3 health issues for the Community Health Improvement Plan: Scan the QR code or click here: <https://bit.ly/RHA-KeyThemesSurvey>

