### Mental Health, Addictions, and Developmental Disabilities Advisory Committee

#### (MHADDAC) February 4<sup>th</sup>, 2020

Present: Amy Young, Bryant Seton, Tom Giles, Mal Miner,

Staff: Dannielle Brown, Jasper Smith, Kacy Giles, Dani Martin (recorder)

Guests: John Gotchall, Cody Gotchall (guest and self-advocate), Diane Scottaline

#### Call to Order and Introductions

Meeting called to order at 05:15pm by Chair Young

#### II. Approval of quarter four 2019 minutes

Meeting minutes for September, October, and December 2019 were reviewed and approved by the committee. No meeting minutes for January 2020, as meeting for MHADDAC was canceled due to lack of quorum.

#### III. Community Feedback and Announcements

- No legislative updates at this time for Behavioral Health.
- Corrections to a budget bill for DD contractors are being looked at; was due to calculation error.
- County DD has made a \$5 million ask for case management services this legislative session.
- There was a DD provider rate increase in October and for PSWs effective in January with another to come in July.
- May have outcomes from legislative session to update committee on by next meeting in March.
- Dawn Emerick, Health Department Director, has left. Dannielle Brown and Charlie Fautin have been appointed as co-interim Directors in her absence.
- Strategic Plan is the first item of focus for co-interim Directors and once it is .complete, will be presented to the committee. Likely to be in April or May.
- Health Center Director is retiring and Public Health Deputy Director is retiring as well. These were both planned transitions.
- IHN/CCO Behavioral Health Director is Justin Hopkins.
- IHN contracts for the next 5 years have increased requirements for behavioral health oversight. This was effective in January this year. Intention is to help coordinate care for clients.
- Benton County Behavioral Health has several openings right now which are mostly due to natural turnover.

- Mental Health America statistics were reviewed electronically by the committee
  prior to the meeting. Oregon is reflected as at the bottom of the list nationally in
  several categories. Notably, the rate of suicide in Oregon has gone up and
  substance use has gone down and Oregon's ranking for Mental Health care has
  not changed in several years.
- There is a need for higher levels of care in Oregon, where there is a higher prevalence of behavioral health needs and not enough funding to support the need. Committee discussed ways to request these funds and agreed that letters of support and to the local Commissioners would be effective.

#### IV. New Business

- Committee met with Benton County Public Information Office, Lili'a Neville.
  - Her role includes oversight of all Benton County communications platforms. This includes: digital (website, newsletters both internal and external, social media), print publications (insert in local paper, direct mailers), media relations (news releases), and crisis communications (emergency response in incident management system).
  - In working with advisory committees, has only helped with recruitment historically. Digital campaigns have been successful, but print ads can draw some attention. Committee asked for help in recruitment, as membership is currently low. Dani and Lili'a will work together in this.
  - County Branding: Benton County will have a new logo rollout tentatively within the next three months. There is a major County website redesign occurring as well and has invited advisory groups to participate in usability of the new website. The work groups around the rebranding have been completed, about 200 people participated to choose which direction the County should go with their branding and logo. There is a goal to represent everyone with the new logo, especially individuals who don't often feel they have a voice or representation. There is also a focus on transportation rebranding specifically as well, which will also require the participation of advisory groups to provide feedback.

#### V. Old Business

ARC of Benton County: Appreciate the letter of support from the committee. They
are moving forward with forming a disabilities resource team in the area and
potentially statewide. Goal is to educate legal and justice professionals on the
need for accommodations within the criminal justice system. CommCard will be
in production next month and will be presenting it to community in the near
future.

#### VI. Proposed topics for March 3rd:

- Community Feedback / Announcements
- Committee would like to invite Justin Hopkins from IHN/CCO, Dannielle will contact
- Conversation with Transportation Director, Tom will reach out
- Org chart review for County services

Adjourned at 6:15 pm by Young.

## Mental Health, Addictions, and Developmental Disabilities Advisory Committee

#### (MHADDAC) March 3rd, 2020

Present: Amy Young, Bryant Seton, Tom Giles, Shelley Ackermann

Staff: Dannielle Brown, Jasper Smith, Kacy Giles, Dani Martin (recorder)

Guests: John Gotchall, Cody Gotchall (guest and self-advocate), Diane Scottaline,

Justin Hopkins (IHN/CCO)

#### I. Call to Order and introductions

Meeting called to order at 05:15pm by Chair Young

#### II. Approval of February 2020 minutes

Meeting minutes for February 2020 were reviewed and approved by the committee.

#### III. Community Feedback and Announcements

- Health Department Director position is currently open. County will be working
  with a recruiter for that position. In the meantime, Dannielle Brown and Charlie
  Fautin will work as interim Co-Directors.
- March is DD Awareness month. The Sprout Film Festival will be March 11<sup>th</sup> and will have showings at 4 and 7pm.
- The CommCard will be presented at The Sprout Film Festival with a goal of launching the program and going into production on March 18<sup>th</sup>.
- OHA is doing some listening sessions regarding Health Information Technology with an option for consumer listening as well. This will occur on March 10<sup>th</sup> in Portland with a dial in option.
- Reach Out Oregon opened a warm line for parents to utilize.

#### IV. New Business

- IHN/CCO 2.0 update, presented by Justin Hopkins, Behavioral Health Director.
  - CCO 2.0 contract between OHA and IHN is large this year as with most.
  - There is a new dedicated section called "exhibit m" which has 22 different subsections which are specific to different behavioral health services the CCO has to provide.
  - A lot of the services are things already being funded or coordinated, but the level of specificity is intense and has been more defined in this contract.
  - Working with community mental health programs to find out how to structure contracts with them.
  - Value based payments are set up with community mental health programs in addition to base funding for services, if certain metrics are met.

- Trying to align the new subsections with the value based requirements.
- More focus on specialized services such as community treatment, wraparound, crisis, coordination with the Emergency Department and acute care. Warm handoffs being tracked now.
- Mental health integration is also a point of focus; receiving physical health care within mental health provider location or vice versa.
- Social determinants of health such as housing, food security, social isolation, transportation, etc. are also expected to be coordinated by IHN/CCO with other providers now as well.
- Benton County is already exercising some practices that align with value based payments, such as scorecards.
- New metrics are still to come down from OHA, regarding ease of access, integration, CCO performance standards, etc. Hoping to have these by the end of the month.
- New services that will be funded include intensive in home treatment for youth. Goal is to provide support before child has to be removed from the home.
- Making more trauma informed communities and workplaces is also a goal.
- Using data to make informed decisions about services.
- Started a sub-committee to look at services offered to those with substance use disorders and serious mental illness.
- Foster care initiative was started with Samaritan, DHS, IHN, and Old Mill to provide care coordination assessments when children first enter care.
- One new incentive for behavioral health is initiation and engagement to treatment to get someone scheduled for 2 follow up appointments in the first month following their entrance into treatment for a substance use disorder.
- System of Care executive council with IHN/CCO is also focused on the different facets of youth health, identify outcomes, and fill the gaps. This locally service Linn, Benton, and Lincoln Counties.
- Behavioral Health is asking OHA to look at the rule to see if a treat first model is an option for Benton County.
- Legislative update: No update at this time. There are some asks in for funding but other than submission of, there is no update on these.
- COVID-19: There are 3 presumptive/non-verified cases in Oregon at this time. County has stood up a robust page on their website that is constantly updated; this is the best place to obtain current information. The current advice being given for now is to continue with daily lives and be sure to wash hands. Key to protection is washing hands, cover coughs, and stay home if you have symptoms. No mask needed at this time if you are healthy. Some directives are being put in place for group homes and other care facilities to protect clients and workers. An incident command structure has been put in place for preparedness and action in relation to the virus.

#### V. Old Business

Benton County Behavioral Health org chart was reviewed.

#### VI. Proposed topics for April 7th:

- Community Feedback / Announcements
- Legislative update
- Conversation with Brad Dillingham, Transportation Director (Tom will reach out)
- Julie Arena, HOPE Program Coordinator to present

Adjourned at 6:15 pm by Young.

# Mental Health, Addictions, and Developmental Disabilities Advisory Committee (MHADDAC)

#### (MHADDAC) May 5<sup>th</sup>, 2020

#### Virtual Meeting held via GoToMeeting

Present: Amy Young, Bryant Seton, Shelley Ackermann, Mal Miner

Staff: Dannielle Brown, Jasper Smith, Dani Martin (recorder)

Guests: John Gotchall, Cody Gotchall (guest and self-advocate), Diane Scottaline,

Brad Dillingham (City of Corvallis Transportation Director), Julie Arena

(HOPE program coordinator)

#### I. Call to Order and introductions

Meeting called to order at 05:16pm by Chair Young

#### II. Approval of March 2020 minutes

Meeting minutes for March 2020 were tabled, as a quorum did not exist this evening.

#### III. Community Feedback and Announcements

- Oregon Disability Resource Team (DRT)
  - John Gotchall gave an update on DRT focus points which includes improving processes, accessing accommodations for those living with disabilities, and the 16% failure to appear (FTA) rate in Benton County among individuals living with disabilities. They have a goal of decreasing the FTA rate by 5% by September of this year.
  - Because of the COVID-19 effects on services locally, training collaboration with DRT and the County may be difficult. DRT would like to speak with the BC sheriff in the near future to discuss the potential for this partnering.
  - FTA has criminal consequences currently and DRT feels that for individuals with disabilities, additional accommodations should be offered to them. Ex: providing Dial-a-bus to attend court if transportation is a barrier, or have someone provide a reminder phone call of upcoming hearings.
  - One area they feel more information in would be screening for individuals in jail to see who does qualify for some sort of disability.
- Brad Dillingham will not be able to attend this evening due to a budget meeting for County Department heads
- Behavioral Health has created a response plan for community members that normally wouldn't have screened in for services. For now, the services are virtual and do not require an assessment. "Psychological skills for recovery" is what the program is being called.

- Individuals receiving DD services have been doing well with technological tools and contacts during the COVID-19 crisis. No clients or service providers have tested positive.
- Accessing technology with the help of insurance plans hasn't been something that DD has had much success with thus far.
- IHN did apply for a grant in the last month to provide technological tools for those that do not have them. Have not heard the result of that application.
- Benton Recovers website has been created to help individuals wanting to volunteer, donate, or that have needs to be met.
- To move the re-open plan forward, high volume testing is going to be required.
- The stay at home orders have created some major obstacles for individuals that rely on direct services to live successfully.
- Supporting your community reaches to those preparing for college and graduating high school as well. Attending virtual celebrations, checking in with transitional youth, etc. are great ways to be supportive.

#### IV. New Business

- May is Mental Health Awareness month. Committee agreed they would like to write a proclamation for this. The one previously created was reviewed and edited live. Agreed the NAMI statement "you are not alone" was appropriate and fitting for this message.
- May is also Asian Pacific Islander month.
- COVID-19 update:
  - Emergency Operation Center (EOC) was created as soon as the emergency declaration was made. The EOC has been creating planning related to COVID-19 and how it has and is expected to affect the community. It is now shifting to a recovery focus.
  - A lot of community members and providers have stepped up and taken on duties that they wouldn't normally do during this crisis to provide services to those in need.
  - Houseless individuals during COVID-19 have been served by community providers. Law enforcement has not been interfering with camps unless a specific individual causes problems and then they are asked to relocate. Hand washing stations have been provided in certain locations as well. The men's cold weather shelter closed and transitioned to a hygiene center with restrooms, showers, and laundering capabilities for up to 75 people. They should have funding through the end of June.
  - Benton Community Foundation got funding from the commissioners as well. Requests for funding are being reviewed.
  - All behavioral health services have been moved to phone or telehealth only for now. Some groups have begun being utilized. Crisis services continue to be face to face and some Assertive Community Treatment is as well. A plan is beginning to be formed about how to restart face to face services, especially since phone and telehealth is hard for this population.
- Hospital visitation:

- Support staff haven't been allowed to accompany individuals that are I/DD and are hospitalized. DRT desire a change in this policy.

#### V. Old Business: N/A today

#### VI. Proposed topics for June 2<sup>nd</sup>:

- Community Feedback / Announcements
- Legislative update
- Brad Dillingham, City of Corvallis Transportation Director
- Julie Arena, HOPE program coordinator

Adjourned at 6:30 pm by Young.

# Mental Health, Addictions, and Developmental Disabilities Advisory Committee (MHADDAC) June 2<sup>nd</sup>, 2020

### Virtual Meeting held via GoToMeeting

Present: Amy Young, Bryant Seton, Shelley Ackermann, Mal Miner, Tom Giles

Staff: Dannielle Brown, Dani Martin (recorder)

Guests: John Gotchall, Cody Gotchall (guest and self-advocate), Diane Scottaline,

#### I. Call to Order and introductions

Meeting called to order at 05:17pm by Chair Young

#### II. Approval of March and May 2020 minutes

Ackermann moved to approved minutes for March and May 2020, Giles seconded motion and committee unanimously agreed.

#### III. Community Feedback and Announcements

- Young shared some free webinars that are available from OHSU
- Health Department Director position has been posted. The County chose to use a third party recruiter for this posting.
- The Health Department is building as many safeguards as possible to allow for people to begin coming into work in person.
- County applied to enter Phase 2 of reopening today. Phase 3 is unlikely to occur anytime soon since it requires a vaccine or treatment to gain approval.
- At least until June 13 there is no in person instruction approved.
- No in person residential summer camp
- There haven't been any outbreaks in the residential settings for I/DD, mental health, or substance use treatment.
- Hospital visitors are still being restricted. Essential people and staff are allowed at this time, however.
- DRT is deploying their first ComCards this week
- I/DD workers are being encouraged to safely return to work. Defined and discussed dignity of respect in relation to this topic.
- County reopening guidelines are quite vague and provide less structure than may be helpful. EOC has been addressing questions from businesses to help them reopen safely and attempting to provide a universal source of information. There should be more direction regarding what Phase 2 might look like for businesses and patrons alike.

- Behavioral Health is not seeing clients face to face as this time. They have also created a Behavioral Response Plan to help community members that call and request behavioral health services, without requiring an assessment.
- Protesting continues in many towns and cities. It presents a risk to the communities to some degree.
- PPE continues to be an ongoing need, as employees and patrons are being asked to use masks in public.

#### IV. New business:

 Committee membership- Young's 2<sup>nd</sup> term is expiring at the end of June, although there is question about the length of her first term which was not complete. Brown will research this with BOC and will report back to the committee. Brown has a meeting with the commissioners at the end of the month to discuss MHADDAC membership. Committee would like to submit a letter to the commissioners and ask that both Gotchalls and Scottaline be accepted as new members.

#### V. Old Business

- Giles will complete the proclamation of Mental Health Month and send to Martin to have committee review and approve before it is sent to the commissioners.
- Pathways to Justice is on hold for now due to COVID-19 physical distancing restrictions, but the plan is still for them to come here to perform the training once that is no longer a barrier.

#### VI. Proposed topics for July 7<sup>th</sup>:

- Community Feedback / Announcements
- Legislative update
- Julie Arena, HOPE program coordinator

Adjourned at 6:30 pm by Young.

# Mental Health, Addictions, and Developmental Disabilities Advisory Committee (MHADDAC) July 7, 2020

Virtual Meeting held via GoToMeeting

Present: Amy Young, Shelley Ackermann, Tom Giles, Bryant Seton, Mal Miner

Staff: Dani Martin (recorder), Dannielle Brown, Jasper Smith

Guests: Cody Gotchall (guest and self-advocate), Diane Scottaline, John Gotchall,

Julie Arena, Carol Files

#### Call to Order and introductions

Meeting called to order at 05:16pm by Chair Young

#### II. Approval of June 2020 minutes (tabled for now)

Committee unanimously agreed to approve minutes for June 2020.

#### III. Community Feedback and Announcements

- Day programs are beginning to reopen. The Arc is included in this and is starting up an outdoor art class tomorrow.
- Young shared an infographic on the prevalence of disability in the US.
- DD is continuing to provide resources for individuals they serve so they're able to connect to obtain services. Not having direct contact is still hard for some, but being the ability to use virtual tools has been good for others.
- Brown met with the Commissioners since last MHADDAC meeting and
  it was suggested that the committee discuss if they want to continue as
  a combined committee or would like to separate by specialty into
  separate committees. This was discussed in detail regarding the
  benefits and drawbacks of continuing combined or separating.
- DD awareness in Benton County related to justice was visited as a topic, including how individuals with I/DD were not mentioned in the criminal justice assessment that was done.

#### IV. Legislative update

 Senate bill 1606 was briefly touched on. Giles suggested the committee write a letter of thanks to Senator Gelser for her support of the I/DD individuals in Oregon. The committee agreed to discuss this in August.

#### V. HOPE Advisory Board presentation

- Julie Arena, Program Coordinator presented about the role of the advisory board in Benton County.
- They began their work in January and had to go on hiatus from Marchearly June due to COVID-19.
- They are now in the process of data collection and review to take a systems level approach to housing options for everyone in this community. This is called the housing and services spectrum.
- They will be presenting to their full board in two weeks and this meeting will be open to anyone who wishes to attend.
- In August and September, the board would like to elicit community feedback.

#### VI. ADA Proclamation

- Giles and Cody Gotchall connected and would like to present the ADA Proclamation to the Commissioners together. The committee is in support of this.
- This is the 30<sup>th</sup> anniversary of the ADA.

#### VII. Proposed topics for August 4<sup>th</sup>:

- Community Feedback / Announcements
- Legislative update
- Committee format and focus, continued discussion
- Letter of thanks/ acknowledgment to Senator Gelser

Adjourned at 6:32 pm by Young.