

# Regional Community Health Improvement Planning

## *What are our priorities?*



## Partnership for Community Health

Linn, Benton & Lincoln Counties



InterCommunity  
Health Network CCO



# Presentation Outline

- Regional Community Health Improvement Plan (CHIP)
- What informs the CHIP
- Review of 7 Key Health Themes
- Next steps timeline
- Questions
- Discussion
- What are your priorities

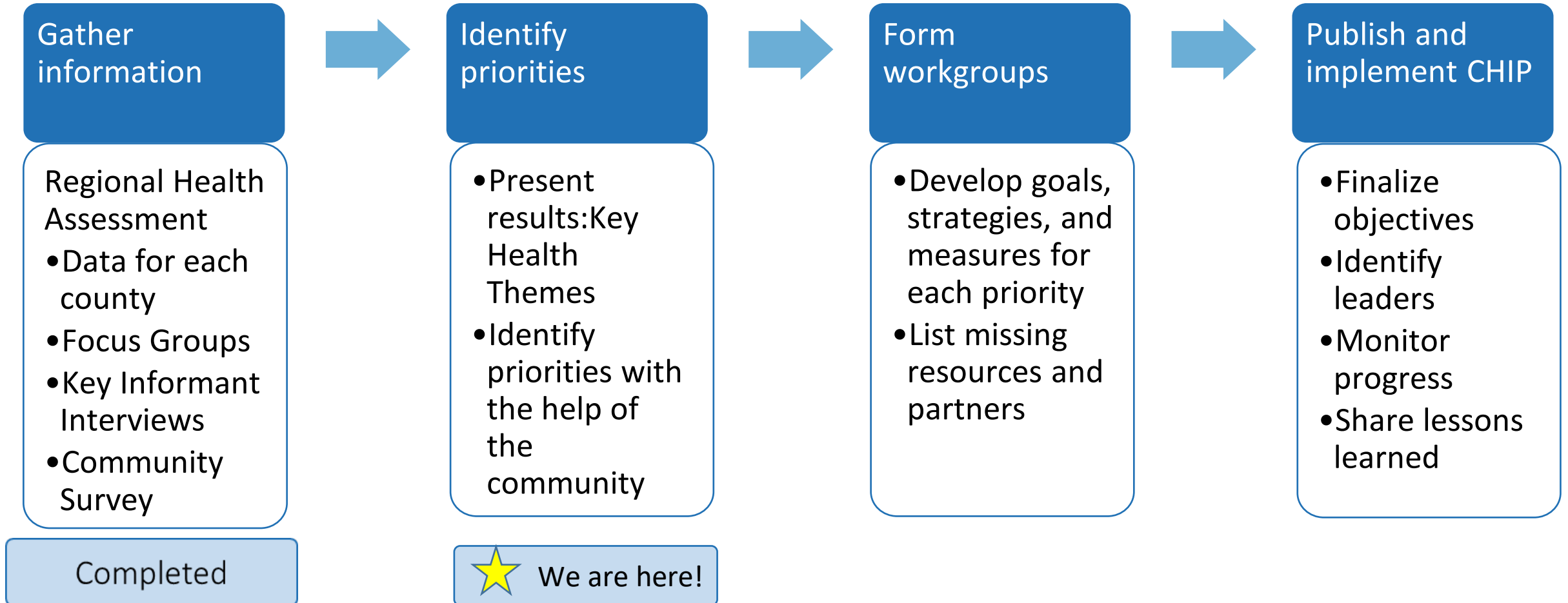
# Goals of Presentation

- Learn about the health disparities among people in Linn, Benton, and Lincoln Counties.
- Ask questions about the data to better understand health disparities.
- Talk about which health topics should be the focus of the Community Health Improvement Plan in the region.

# What is a Regional Community Health Improvement Plan (CHIP)?

- A plan that outlines priorities, goals, and strategies designed to guide organizations and individuals in Linn, Benton, and Lincoln counties.
- Actions to improve the health of our entire community, with a focus on equity.
- Developed with data, community values and voices.
- A living document that gets renewed on a three-year cycle.

# CHIP Development Process



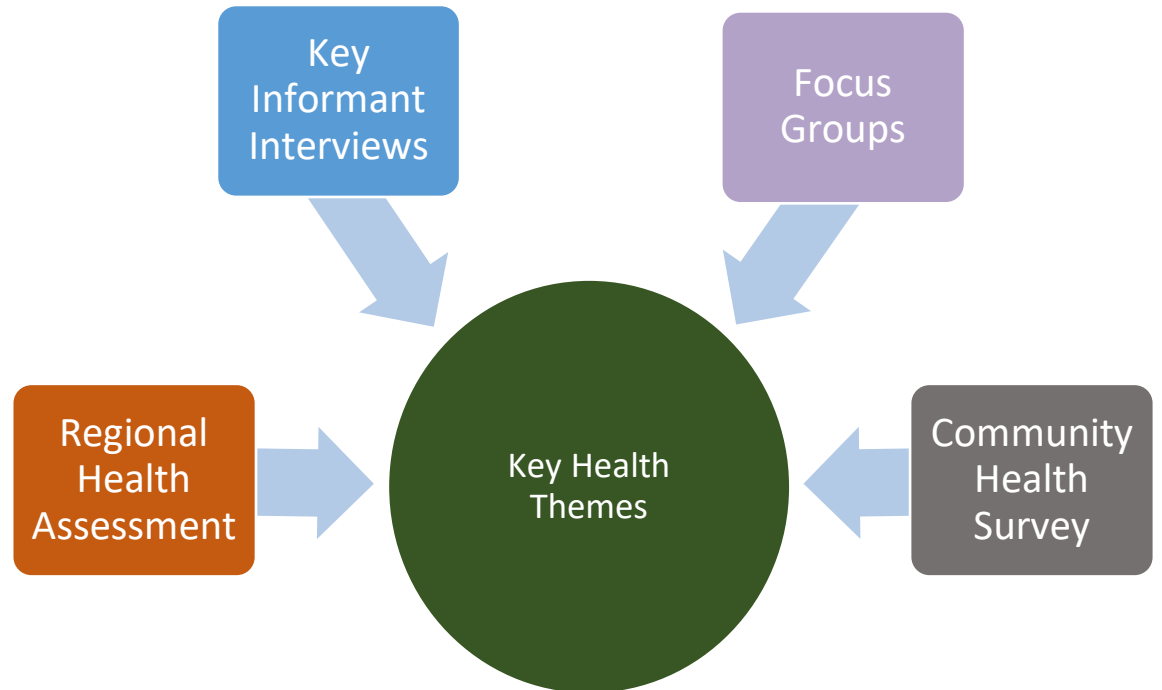
# What informs the CHIP?

**Regional Health Assessment Data** for health factors and outcomes in Linn, Benton, and Lincoln counties, analyzed and compared to the state of Oregon.

**Key Informant Interviews** with a diverse set of community-based and cultural organizations, decision-makers, and others. (31 Interviews)

**Community Health Survey** of people who live, work, learn and play in Linn, Benton and Lincoln counties. (2,000 responses)

**Focus Groups** with diverse community members and partner organizations. (11 focus groups)



# Our Commitment to Equity

- We believe that every individual in the community is valuable, and we strive to create equitable opportunities and access to resources for everyone.
- We acknowledge that certain groups of people face more barriers to good health than others, and we need to put in extra effort to ensure (make sure) that everyone can achieve their best health.

# Limitations

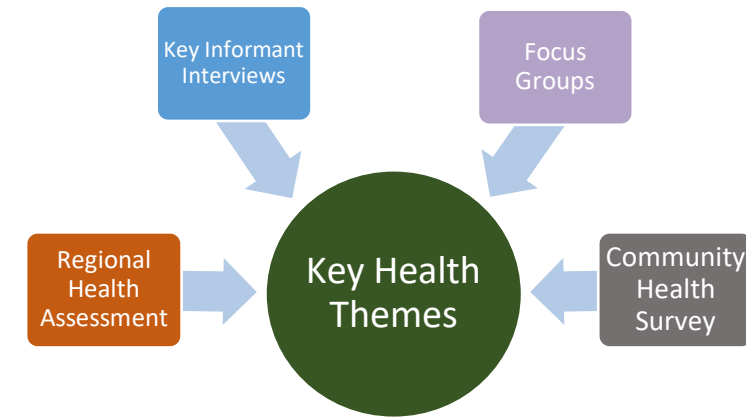
- The data within this report is from 2019-2022. Disparities surrounding the COVID-19 pandemic may be under represented.
- Available sources of available information may limit data collection and representation.
- Language and information used come directly from sources that may not account for individuals' unique circumstances and experiences.



# Key Health Themes - What are these?

- Key Health Themes are disparities, challenges, or opportunities that have emerged through an analysis of community voices and primary/secondary data from the RHA data report.
- Sources include primary, secondary, qualitative, and quantitative data from the RHA and community voices
- The Partnership for Community Health is looking to identify three these key themes to be used as priority areas in the regional CHIP- and we need YOUR help!

# Overall Key Health Themes



	Regional Health Assessment	Regional Community Health Survey	Key Informant Interviews	Focus Groups
Access to Affordable Housing/Homelessness	✓	✓	✓	✓
Access to Quality Care	✓	✓	✓	✓
Food Insecurity	✓	✓	✓	✓
Healthy Youth and Families	✓	✓	✓	✓
Mental Health	✓	✓	✓	✓
Structural Inequality	✗	✗	✓	✓
Substance Use and Misuse	✓	✗	✓	✓

# Access to Affordable Housing/Homelessness

Access to safe, quality, and affordable housing is necessary for healthy living.

The percent of K-12 students experiencing homelessness\* in Lincoln County was **3 times higher** than the state in 2019-2020.



**3% of students**  
in Benton County



**14% of students**  
in Lincoln  
County



**5% of students**  
in Linn County

The Linn, Benton, and Lincoln (LBL) region had about **870 people experience homelessness** in 2019.

\*Homeless in terms of youth is defined as lack of a fixed place of residence or a supervising parent or guardian.

# Access to Affordable Housing/Homelessness



**Half of rented** households in our region were experiencing a **housing burden\*** in 2020.

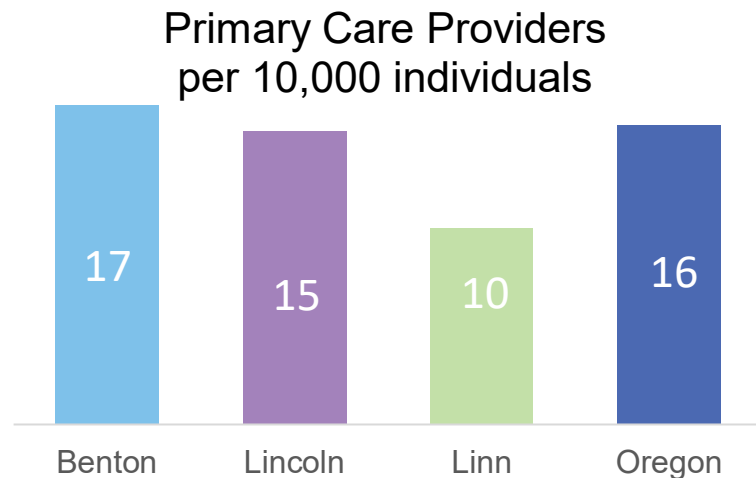


**A quarter of owned** households in our region were experiencing a **housing burden\*** in 2020.

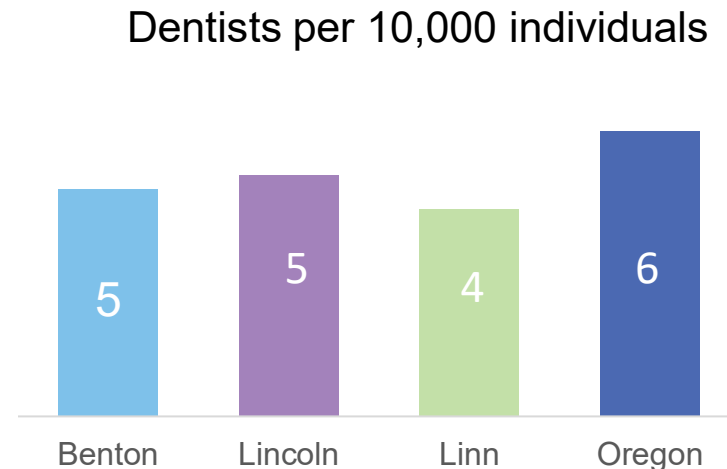
\*Housing burden is defined as paying more than 30% of household income on rent or mortgage, insurance, and utilities.

# Access to Quality Care

An adequate healthcare workforce is necessary for increasing access to care, improving patient experiences, and controlling service costs.



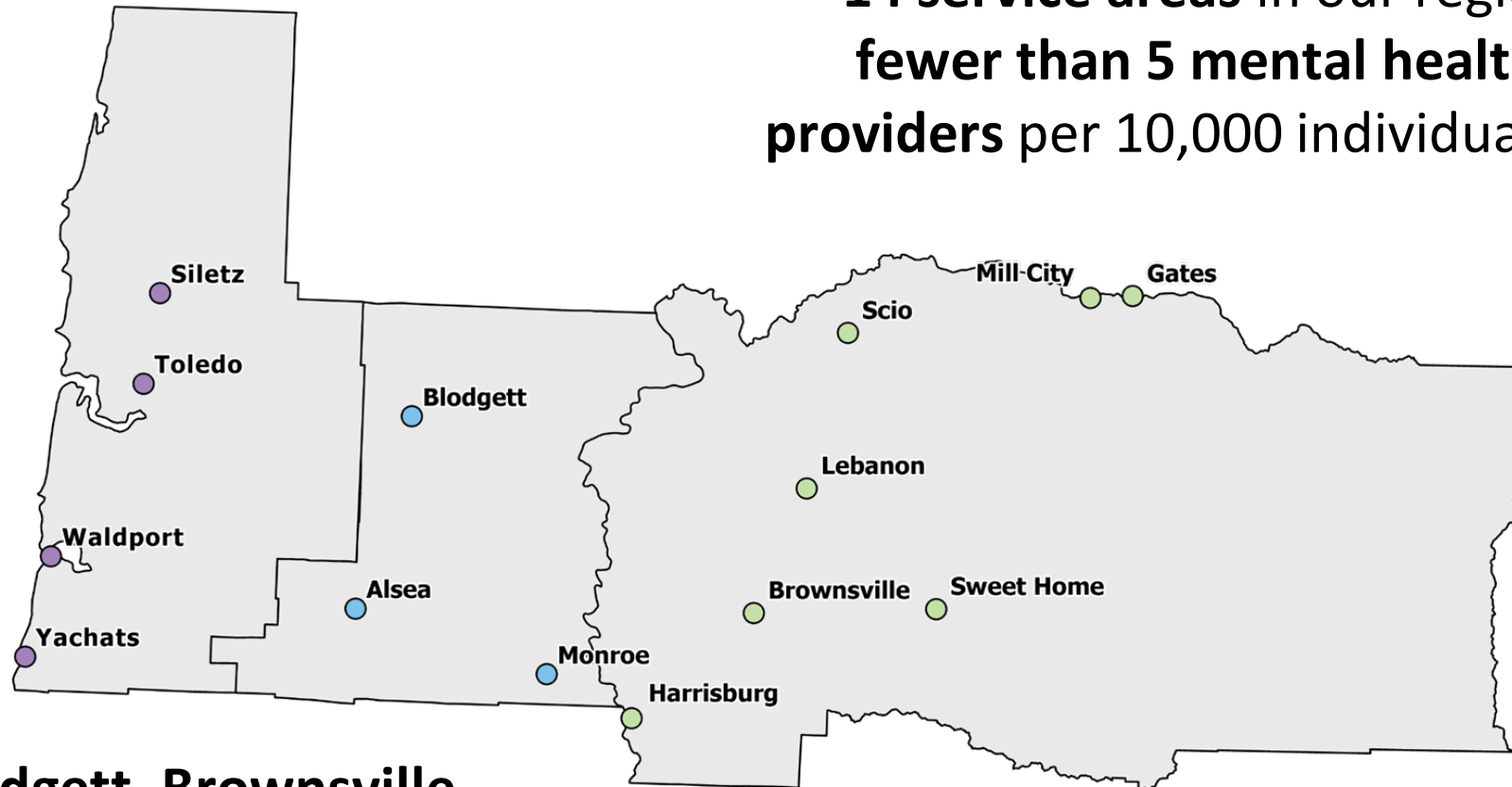
Lincoln and Linn Counties had lower rates of **primary care physicians** than Oregon in 2020.



Our region had lower rates of **dentists** than Oregon in 2020.

# Access to Quality Care

14 service areas in our region had fewer than 5 mental health care providers per 10,000 individuals in 2021

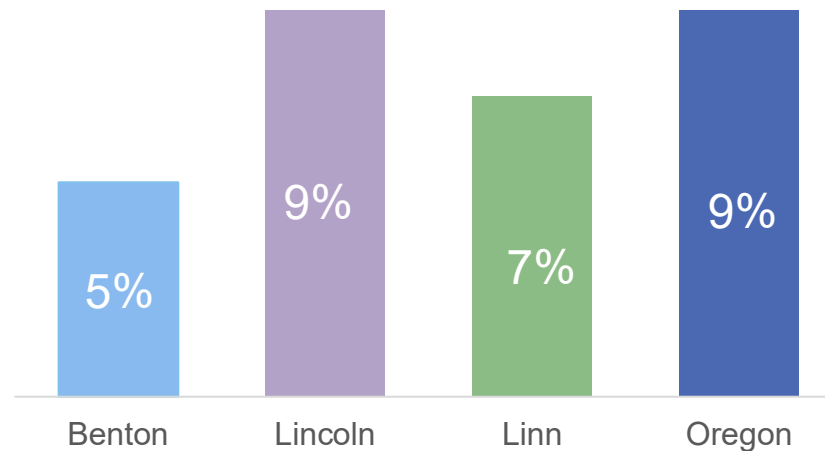


**In Alsea, Blodgett, Brownsville, Monroe, and Scio there are no mental health care providers**

# Access to Quality Care

Health insurance helps people afford medical care in an emergency or when seeking preventative care.

Percentage of Individuals without Health Insurance

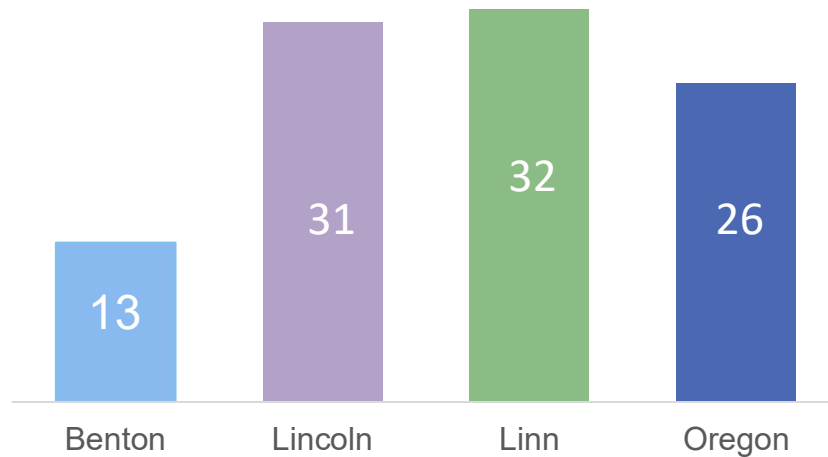


**Lincoln County** had a **higher** percentage of individuals who **did not have health insurance** coverage in 2021.

# Equity, Diversity & Inclusion

Our region is racially/ethnically less diverse than the state of Oregon.

Percentage of individuals living in poverty



**Lincoln and Linn County** percentages of people living in poverty with a **disability** were **higher** than the state in 2021.



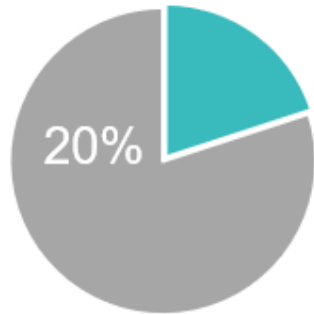
**1 in 9** individuals in our region **spoke another language** at home in 2020.



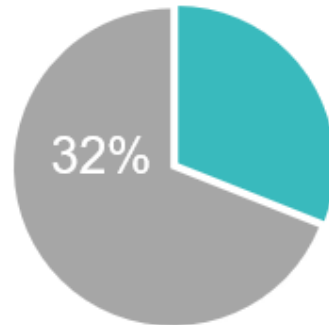
# Equity, Diversity & Inclusion

Percentage of individuals within each race/ethnicity living in poverty

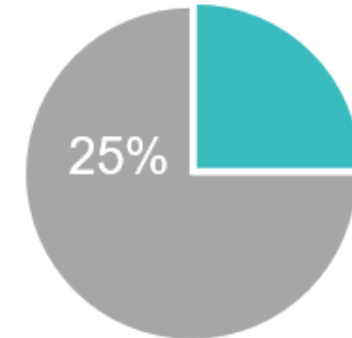
American Indian and Alaskan Native



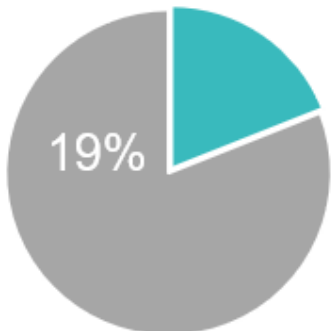
Asian



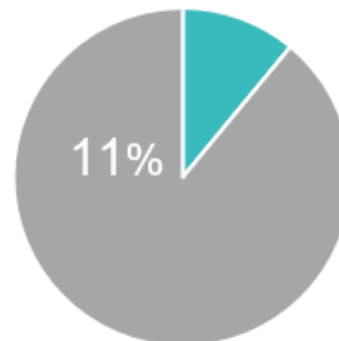
Black/African American



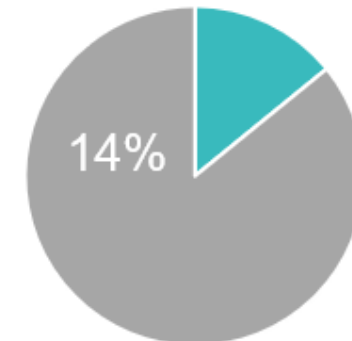
Hispanic/Latino



Native Hawaiian and Pacific Islander

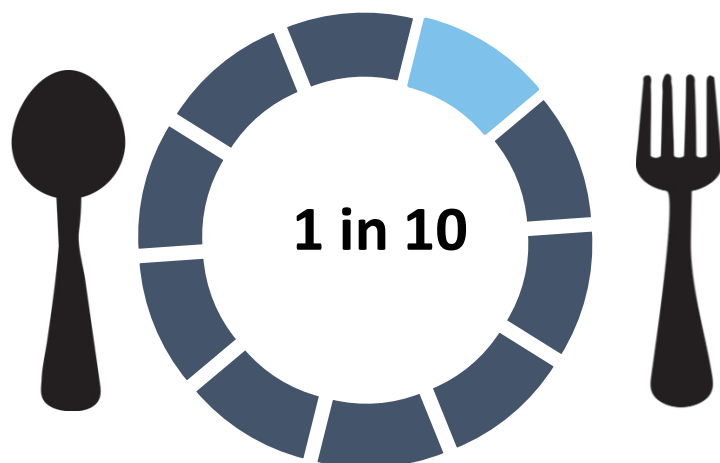


White

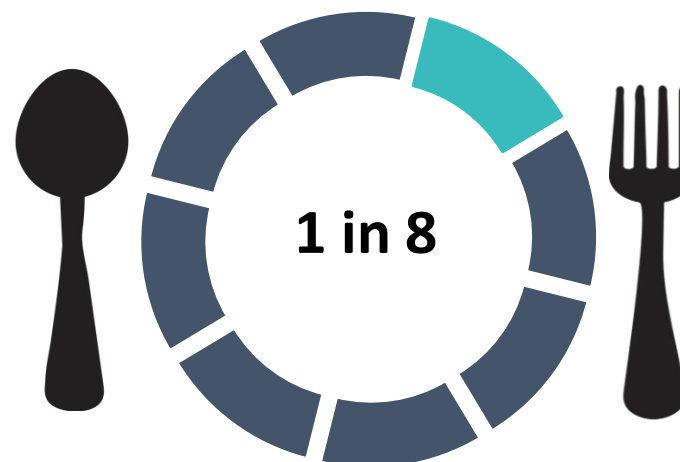


# Food Insecurity/Access

Access to healthy affordable food is important predictor of health.



1 in 10 individuals in Benton County utilized **SNAP benefits**. 1 in 5 utilized them in Lincoln County, Linn County, and the state in 2020.



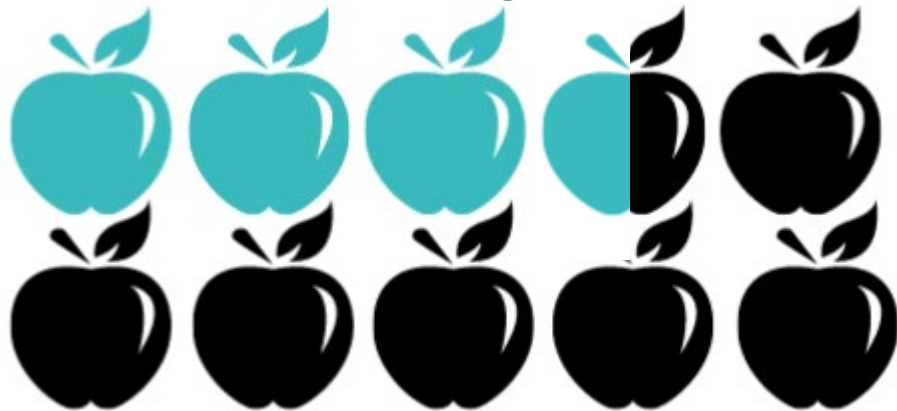
**Our region** experienced higher rates of **food insecurity** (1 in 8 individuals) than the state in 2020.

# Food Insecurity/Access

Limited transportation options and distance to grocery stores reduce access to nutritious food.

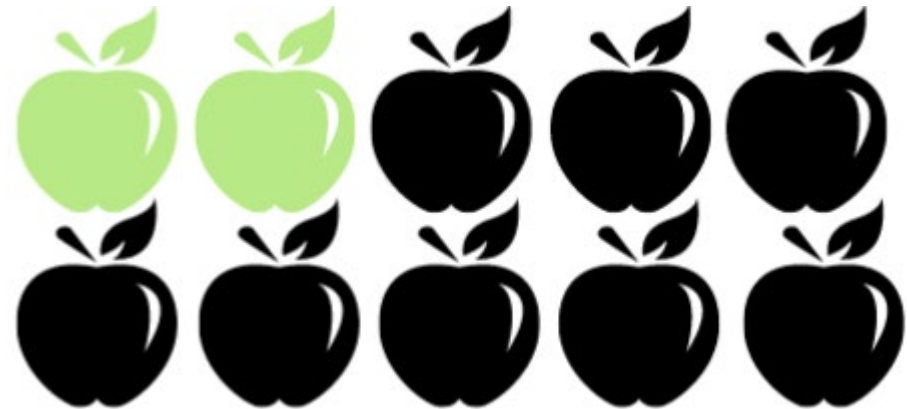
Individuals who live within 1/2 mile to a grocery store

LBL Region



Only 3.5 out of 10 individuals were within 1/2 mile to a grocery store in 2019

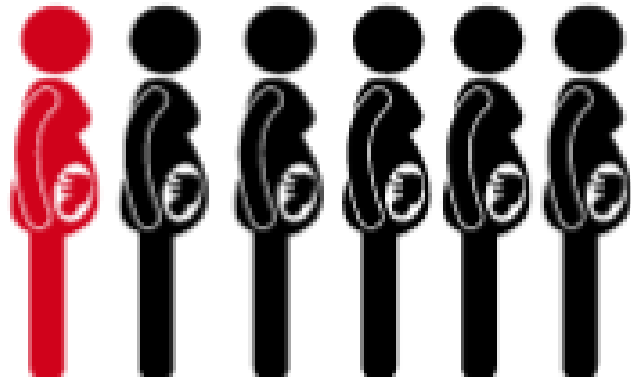
Linn County



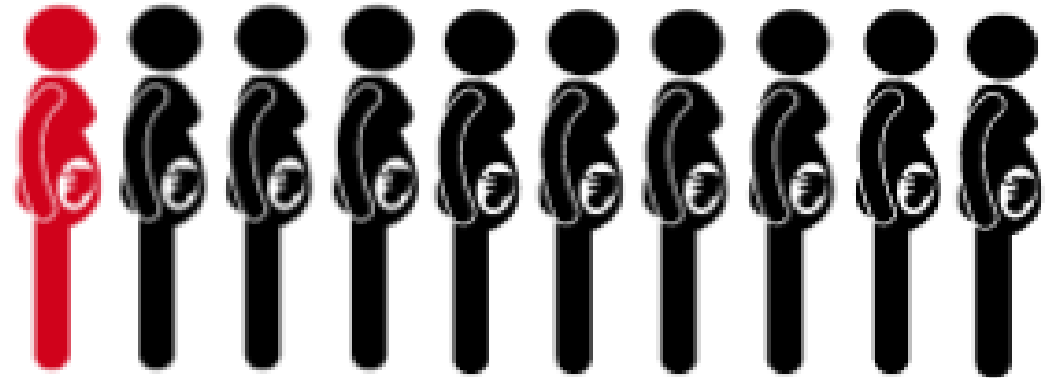
Only 2 out of 10 individuals were within 1/2 mile to a grocery store in 2019

# Healthy Youth & Families

Includes prenatal health, youth of all ages, and access to education



Prenatal tobacco use averages  
**1 of every 6** pregnancies in  
Lincoln and Linn Counties.

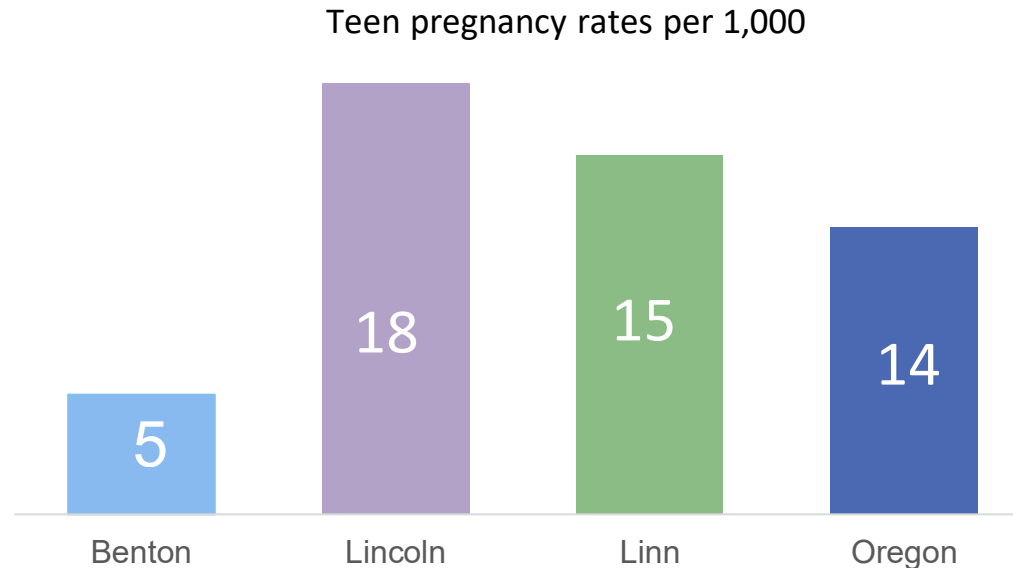


Prenatal tobacco use averages  
**1 of every 10** pregnancies in  
Benton County.

Prenatal tobacco use among those 18–19-years old is higher in our region than in Oregon, in 2011-2020.

# Healthy Youth & Families

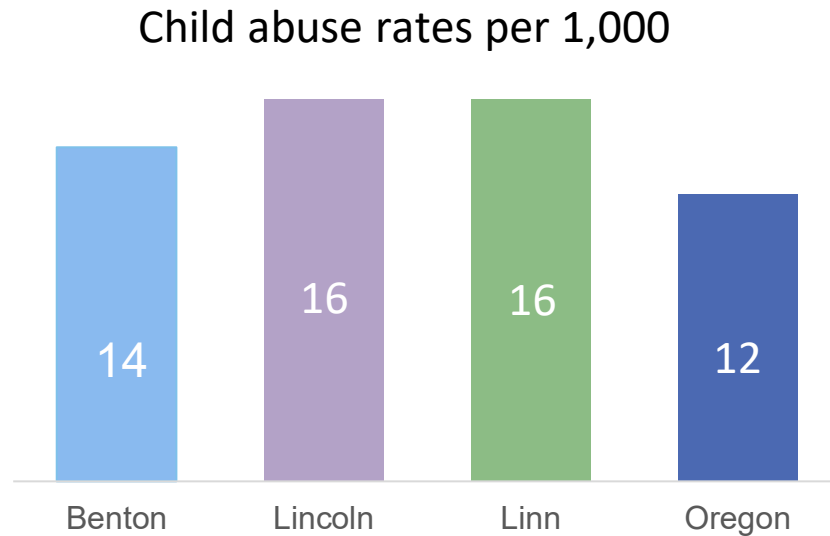
Teen pregnancy and childbearing have long-term social and economic costs on teen parents and their children.



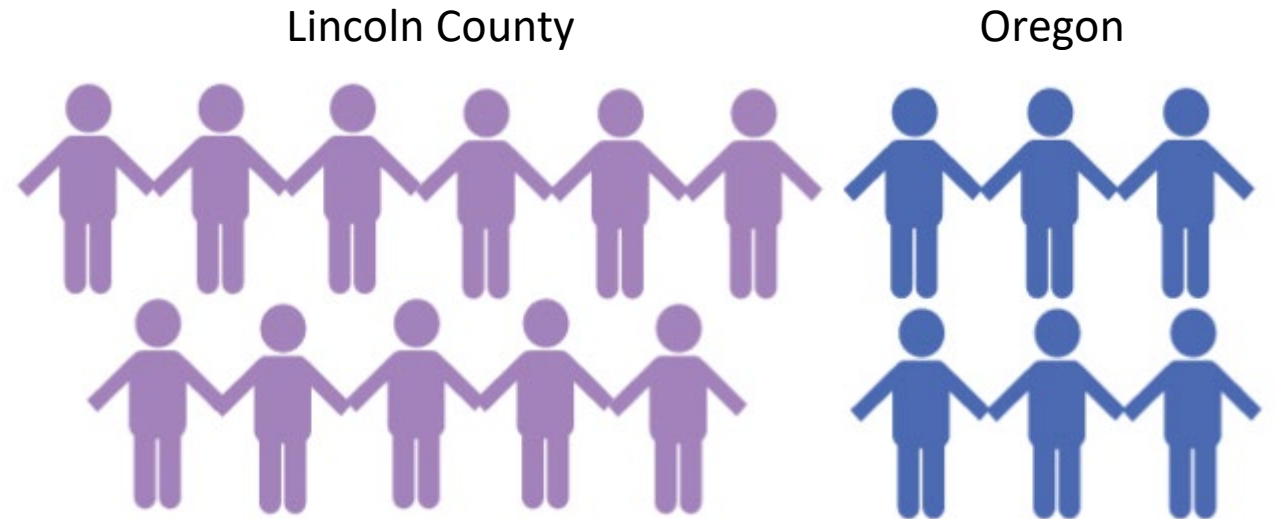
**Lincoln and Linn Counties** had higher teen (15-19 years old) pregnancy rates per 1,000 than Benton or the state in 2020.

# Healthy Youth & Families

Childhood and adolescence set the stage for later health and well-being



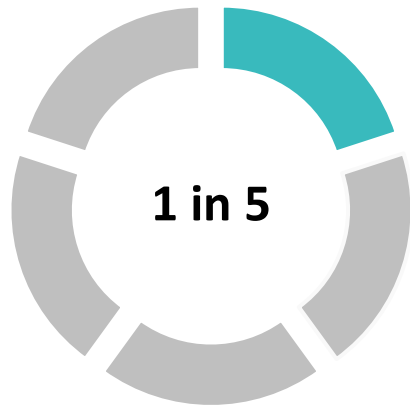
**Our region had higher rates of child abuse victims per 1,000 than Oregon in 2021.**



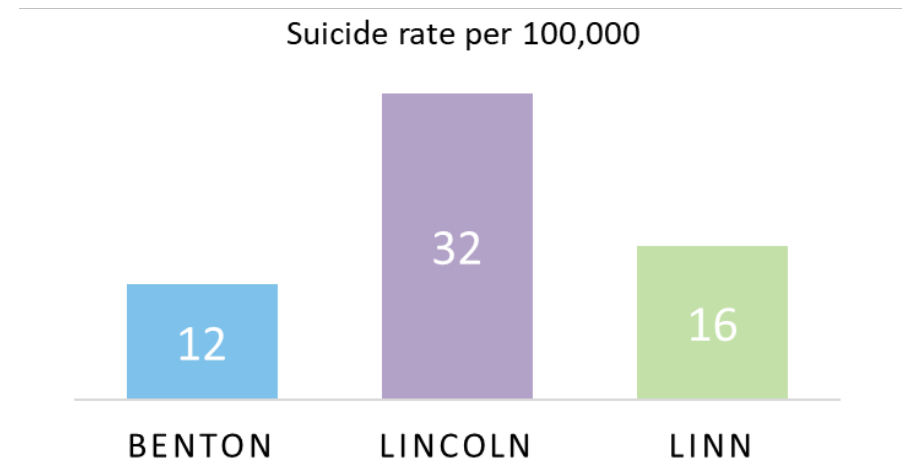
**Lincoln County had almost twice as many children in foster care per 1,000 as Oregon did in 2021.**

# Mental Health

Mental health has a significant impact on overall health and is influenced by of emotional, psychological, and social factors.



Over 1 in 5 residents in our region were **diagnosed with depression** in 2020.



The **suicide rate** in Lincoln County was **double** that of Linn and Benton Counties in 2020.

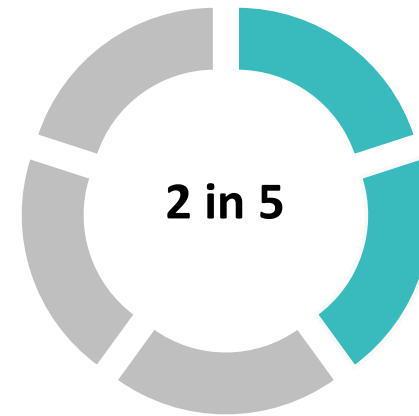
Within the age group of 10-44, the **rate of completed suicide** in Lincoln County was **twice as high** compared to Benton County, Linn County, and the state in 2017-2020.

# Mental Health

In Lincoln County, higher rates of 8<sup>th</sup> graders reported attempting suicide than in the other two counties and the state in 2019.



**A third** of 8th graders in **Lincoln County** report being **bullied**. This is **higher** than Oregon in 2019.



Two out of five 11<sup>th</sup> graders in our region felt **sad or hopeless** almost every day for two weeks in a row in 2019.



# Substance Use and Misuse

In our region, the percent of **11<sup>th</sup> graders** who report misusing **prescription drugs** is **higher** than the state in 2019.



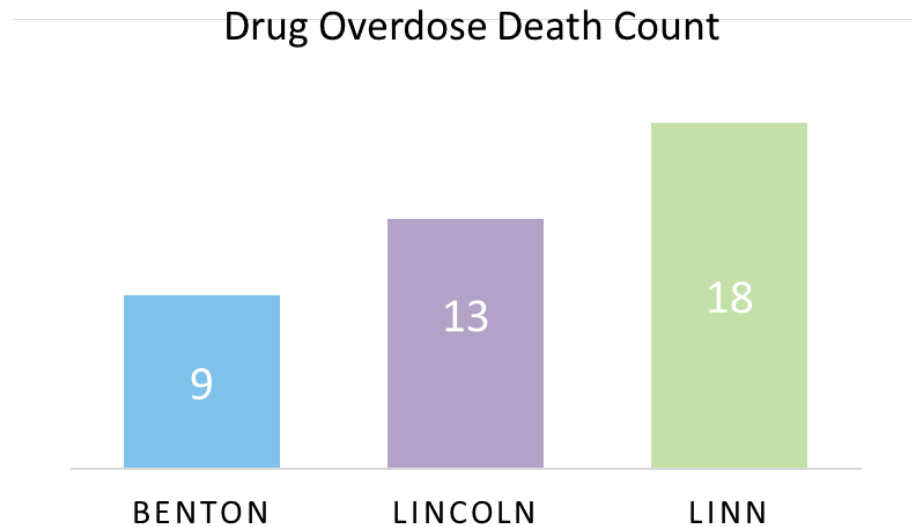
**11<sup>th</sup> graders** report using **alcohol** in the LBL region in 2019.



**1 out of 4** eleventh graders report using **E-Cigarettes** in our region in 2019.

# Substance Use and Misuse

Drug overdose deaths in the tri-county region were driven by opioids and methamphetamine.



The **Linn County drug overdose death count** is twice that of Benton County in 2019

A green, rectangular sign with rounded corners and a white border, mounted on a metal pole. The sign features the word "Questions" in a large, white, sans-serif font. The background of the sign is a textured green. The sign is set against a bright blue sky with scattered white clouds.

Questions

# Discussion



1. Do these key themes make sense given your experiences?
  - Does your experience support these key themes?
2. What community resources are already working on these key health issues? What resources are missing?
  - Which community resources are already addressing these key health concerns?
  - What resources are still in need?
3. What are some possible solutions to these problems?

# Which top 3 health issues should our Regional CHIP focus on?

Please tell us by taking this survey:

- <https://bit.ly/RHA-KeyThemesSurvey>

OR

- Take out your devices, scan this QR code, then take some time to fill out the survey.



# What's next?

<b>March - May</b>	Ongoing community outreach to share the data and key themes and provide input on priorities via short survey
<b>June - July</b>	Regional CHIP team analyze data and share findings
<b>Aug - Sept</b>	Workgroups develop Regional CHIP goals & strategies
<b>Dec</b>	Publish Regional CHIP
<b>2024 +</b>	Implement CHIP – we need your help!

# Would you like to help with next steps? Would you like to get updates?

Contact us at:

Email: [johnna.peters@co.benton.or.us](mailto:johnna.peters@co.benton.or.us)

Phone: (541) 766- 0145



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