

TRAUMA

INFORMED CARE

The What, The Why and How You Can Respond



In this introduction to trauma, we will discuss various types of trauma and its effect on the brain, body, and health. We will explore trauma as it relates to behavior and learn how to identify ways to reduce re-traumatization of survivors. This course is great to refresh the mindset of those who want to be more trauma informed.

Training Topics Include:

Types of Trauma - Affects on Health & Behaviors

Survivor Activation - Re-traumatization

Trauma Informed Practices



- ✓ May 9th, 2024
- ✓ 9am to 2pm (with 1 hour for lunch)
- ✓ **Location:** Online/Virtual
- ✓ **Cost:** FREE*

REGISTER
HERE

Questions?



503-979-5428



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*This class made possible by a generous grant from Benton County

OFSN is approved by the Oregon Health Authority to provide Continuing Education Units to all traditional health workers (Community Health Workers, Personal Health Navigators, Doulas, Peer Support Specialists, and Peer Wellness Specialists). This OFSN training is approved for 4 continuing education hours.



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