

Mental Health First Aid Training*

**FREE
Training!**



**May 30,
2025**

8:30 a.m. – 5:00 p.m.

**Register for
location details**

- Refreshments provided
- CEU credits available

Recognize and support mental health challenges with hope, connection, and resources.

- An evidence-based, early-intervention course that teaches participants about mental health and substance use challenges.
- Full day (8 hour) stigma reduction and intervention training.
- No professional background in mental health is required to attend.

Register: bit.ly/BentonCoMHFA-May30

Accommodations and more information:
BentonHealthyCommunities@bentoncounty.or.gov

*This training is provided in English only



**Benton
County**

HEALTH DEPARTMENT