

# QPR Suicide Prevention Training\*

**FREE  
Training!**



**May 24,  
2025**

**10:30 a.m. – 12:00 p.m.**

**South Benton Food  
Pantry**

650 Orchard St, Monroe,  
OR 97456

- Refreshments provided
- CEU credits available

**Question  
Persuade  
Refer**

**3 steps to  
help prevent  
suicide**

- Help people who may be in crisis
- Warning signs for suicide risk
- Resources for mental health support
- Practice conversations around suicide safety
- How to question, persuade and refer someone who may be having thoughts of suicide.
- Impacts of societal attitudes on suicide

**Register:** [bit.ly/BentonCoQPR-May24](https://bit.ly/BentonCoQPR-May24)

**Accommodations and more information:**

[BentonHealthyCommunities@bentoncounty.or.gov](mailto:BentonHealthyCommunities@bentoncounty.or.gov)

\*This training is provided in English only

PHP-015 AM:pf 05/2025



**Benton  
County**

HEALTH DEPARTMENT