# **GPR** Suicide Prevention Training\*

# FREE Training!



# May 27, 2025

4:00 p.m. – 6:00 p.m.

Corvallis Community Center

2601 NW Tyler Ave, Corvallis, OR 97330

- Refreshments provided
- CEU credits available



## Question Persuade Refer

### 3 steps to help prevent suicide

- Help people who may be in crisis
- Warning signs for suicide risk
- Resources for mental health support
- Practice conversations around suicide safety
- How to question, persuade and refer someone who may be having thoughts of suicide.
- Impacts of societal attitudes on suicide

#### Register: <a href="mailto:bit.ly/BentonCoQPR-May27">bit.ly/BentonCoQPR-May27</a>

#### Accomodations and more information:

BentonHealthyCommunities@bentoncountyor.gov

\*This training is provided in English only